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What Did I Do Wrong?: What to Do When You Don't Know Why the Friendship Is Over

By Liz Pryor



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It happens without warning, and it devastates you: Your closest girlfriend cuts you off completely. No more late-night phone calls and emails, no more catch-up lunches and dinners. She has decided for whatever reason to move on with her life and has left you to try to make sense of what happened. The experience can be as painful as the death of a loved one and as confusing as an unexpected breakup with a significant other. You replay scenes from the friendship and wonder what you did wrong. You've lost a loved one and you don't know what to do.


Now, *What Did I Do Wrong?* gives voice to this painful, common, yet rarely discussed phenomenon and provides a resource—and some answers—that you can rely on. Relationship expert Liz Pryor has had a number of these breakups herself, and so she set out to discover why they were happening in order to help herself—and others—get through the pain and prevent it from happening again. Through personal interviews and her popular website, lizpryor.com, Pryor collected hundreds of stories of friendships gone wrong. She draws on those stories to explore the dynamics of friendship breakups in a candid, intimate way, revealing the patterns, the warning signs, and some ways to put a friendship right or help it change so that it meets your friend's and your changing lives. She also explains how to end a friendship—if you find that *you* need to do so—in ways that honor both parties' feelings and your history together.

Like the best kind of girlfriend—one who really *will* stay friends forever—Pryor blends plain, old-fashioned, feminine good sense and good humor with genuine empathy for the thousands of women who live with the confusion and anxiety that linger after the sting of an ended friendship. *What Did I Do Wrong?* will validate your feelings and inspire you to be more forthright and compassionate with new and old friends. You will be moved and uplifted by the many stories of strong friendships, broken friendships, and renewed friendships that make this book a treasure of women's wisdom and experiences.



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Editorial Review

From Publishers Weekly

Women's friendships and connections are traditionally viewed as strong, faithful, ideally lifelong. But the reality is disturbing: initially intimate friendships can suddenly turn sour and end in dances of avoidance in which phone calls aren't returned and vague excuses are made. Magazine columnist Pryor candidly examines the strangely conflicted nature of women's friendships. "Women's love and commitment to one another is abounding," she writes, "yet when friendships end, we show little to no respect or honor for that which has enriched, supported, and even prolonged our lives." The book is written in a highly personal style and contains intimate anecdotes from her own experience. Even more touching, she genuinely cares for the women she has interviewed, who are heartbroken or confused over the loss of longstanding friendships. Pryor makes some pragmatic suggestions about how to draw back from problematic friends yet communicate caring and respect. She shows that the strongest friendships can come full circle and that while circumstances and lifestyle differences can separate women, it's not impossible for reconnections to occur. Pryor believes that emotional honesty is critical in allowing women to feel good about themselves and their friendship decisions. *Good Morning America* appearance. (Apr. 4)

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Review

"The buzz book" - "People" Magazine

"Touching...she genuinely cares for the women she has interviewed... Pryor makes pragmatic suggestions..."
--"Publishers Weekly"

About the Author

Liz Pryor grew up in a small suburb outside Chicago and has spent the last five years devoted to helping and commiserating women on her website. She runs her own chat rooms, answers questions, and rants weekly about the insanity and hilarity of everyday life. She contributes as a friendship expert to most of the women's magazines in the country, and for the last year has written an online parenting column for the national baby products company Munchkin. She guests regularly as a go-to girlfriend, dispensing advice, on Leeza Gibbon's nationally syndicated radio show "Hollywood Confidential." Liz lives in Sherman Oaks with her three teenaged children.

Most recently, Liz applied along with more than fifteen thousand other Americans for the full-time Advice Guru position on ABC's Good Morning America... and won!

Users Review

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John Lee:

What do you think of book? It is just for students as they are still students or the item for all people in the world, exactly what the best subject for that? Just you can be answered for that query above. Every person has various personality and hobby for every other. Don't be pushed someone or something that they don't want do that. You must know how great and also important the book What Did I Do Wrong?: What to Do When You Don't Know Why the Friendship Is Over. All type of book are you able to see on many sources.

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Rita Carter:

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