

# "Sit and Get" Won't Grow Dendrites: 20 Professional Learning Strategies That Engage the Adult Brain

By Marcia L. Tate



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This indispensable resource draws on the latest research in brain-based learning to provide strategies that motivate adult learners and increase retention.

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## **Editorial Review**

### Review

"Marcia Tate brings the same enthusiasm she has for working with adults to writing for adults. This is a book all trainers could benefit from, study, and keep accessible in their tool chest." (Stephanie Hirsh, Executive Director)

"'Sit and Get' Won't Grow Dendrites is THE must-have staff development text of 2005 for all education professionals. This text doesn't lecture on what to teach. Rather, it offers a plethora of methods to help adults learn. This is the ultimate 'how to teach how to teach' resource." (Journal of Staff Development, Summer 2005 2005-06-20)

"This easy-to-use book addresses adult learning in funny, creative, and engaging ways. If you're looking to transform your faculty meetings or professional development, this text could be your recipe for success."

(Principal Magazine, May/June 2006 2006-05-01)

About the Author

**Marcia L. Tate, EdD,** is the former executive director of professional development for the DeKalb County School System, Decatur, Georgia and has been presenting to adult audiences for more than 25 years. During her 30-year career with the school district, she has been a classroom teacher, reading specialist, language arts coordinator, and staff development executive director. She received the Distinguished Staff Development Award for the State of Georgia, and her department was chosen to receive the Exemplary Program Award for the state.

Marcia is currently an educational consultant and has taught more than 400,000 administrators, teachers, parents, and business and community leaders throughout the world. She is the author of the following seven bestsellers: Worksheets Don't Grow Dendrites: 20 Instructional Strategies that Engage the Brain; "Sit & Get" Won't Grow Dendrites: 20 Professional Learning Strategies That Engage the Adult Brain; Reading and Language Arts Worksheets Don't Grow Dendrites: 20 Techniques to Detour Around the Danger Zones; Mathematics Worksheets Don't Grow Dendrites: 20 Numeracy Strategies That Engage the Brain; Preparing Children for Success in School and in Life: 20 Ways to Increase Your Child's Brain Power; and Science Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain; as well as Social Studies Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain; as well as Social Studies Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain; as well as Social Studies Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain; as well as Social Studies Worksheets Don't Grow Dendrites: 20 Instructional Strategies That Engage the Brain; as well as Social Studies Workshops refer to them as "some of the best ones they have ever experienced" since Marcia uses the 20 strategies outlined in her books to actively engage her audiences.

Marcia received her bachelor's degree in psychology and elementary education from Spelman College in Atlanta, Georgia. She earned her master's degree in remedial reading from the University of Michigan, her specialist degree in educational leadership from Georgia State University, and her doctorate in educational leadership from Clark Atlanta University. Spelman College awarded her the Apple Award for excellence in the field of education.

Marcia is married to Tyrone Tate and is the proud mother of three children, Jennifer, Jessica, and

Christopher, and is the doting grandmother of two granddaughters, Christian and Aidan Brooke, and three grandsons, Maxwell Connor, Aaron Bryan, and Roman Alexander.

### **Users Review**

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#### William Martin:

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