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The Essential Guide to Hysterectomy: Advice from a Gynecologist on Your Choices Before, During, and After Surgery

By Lauren F. Streicher



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In this new, updated version of the groundbreaking book, gynecologist and leading women's health expert Dr. Lauren Streicher—who in a direct, clear, and often humorous way—reveals the following: What your doctor isn't telling you; robotic hysterectomy and why it is becoming so popular; new nonsurgical ways to control heavy bleeding; the latest on hormone therapy, including bioidentical hormones; how to decrease your risk of uterine or ovarian cancer without removing your uterus or ovaries; new methods for treating fibroids; and a comprehensive guide to websites and resources.



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Editorial Review

Review

As hundreds of thousands of women begin the ‘HysterSisters’ journey each year, they need and deserve the most current information about hysterectomy and menopause. Dr. Streicher is the voice of a compassionate medical expert who can guide women through their pre- and post-hysterectomy experiences. (Kathy Kelley, founder and CEO of HysterSisters.com)

The Essential Guide to Hysterectomy is just that: an up-to-date, comprehensive, essential resource for the over half a million women in the United States who undergo this procedure every year. Dr. Streicher’s latest book not only demystifies the hysterectomy procedure but provides in-depth descriptions of the various techniques utilized by physicians, such as robot-assisted hysterectomy, that are currently in vogue. In addition, Dr. Streicher outlines alternative therapy, both medical and surgical. I will certainly recommend *The Essential Guide to Hysterectomy* to all of my patients. (Dr. Charles E. Miller, president of The International Society for Gynecologic Endoscopy)

About the Author

As a recognized leader in women’s health, **Dr. Lauren F. Streicher** appears frequently on national television discussing all aspects of obstetrics and gynecology. Her appearances on *The Dr. Oz Show*, *The Today Show*, and *Good Morning America* have earned her legions of fans and loyal followers impressed by her winning personality and unique ability to address the complicated health issues facing women today. In addition to being a practicing physician and surgeon, Dr. Streicher is an assistant clinical professor of obstetrics and gynecology at Northwestern University’s medical school, the Feinberg School of Medicine, in Chicago.

Users Review

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Edward Rideout:

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their down time with their family, or their particular friends. Usually they performing activity like watching television, going to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Could be reading a book can be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the e-book untitled The Essential Guide to Hysterectomy: Advice from a Gynecologist on Your Choices Before, During, and After Surgery can be excellent book to read. May be it is usually best activity to you.

Robert Ford:

The book untitled The Essential Guide to Hysterectomy: Advice from a Gynecologist on Your Choices Before, During, and After Surgery contain a lot of information on this. The writer explains your ex idea with easy means. The language is very clear and understandable all the people, so do not necessarily worry, you

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Margaret Ochoa:

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