



# Trusting God: A Girlfriends in God Faith Adventure

*By Sharon Jaynes, Gwen Smith, Mary Southerland*



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**Trusting God: A Girlfriends in God Faith Adventure** By Sharon Jaynes, Gwen Smith, Mary Southerland



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**You don't have to understand God to trust him.**

“Just trust me.” Those are the words we often hear in movies just before something bad happens. And yet, we are told to trust God. In a culture where we tend to take control of our own lives, trusting God has become a religious platitude rather than a life-changing attitude. We say it, but do we really mean it? And what does trusting God really look like?

Sharon, Mary, and Gwen—the Girlfriends in God ministry team—have been there. They’ve traveled the tough roads of life to discover the peace and power that comes from grabbing the hand of God and trusting his plan. The life stories they share bring laughter and sometimes tears, but always spiritual growth.

Each of the 12-week sections concludes with a Bible study guide and journal page, inviting you to lock arms with Sharon, Mary, and Gwen and share with other women in a small group setting or to use individually in your own quiet time.



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### Editorial Review

Review

#### Praise for *Trusting God*

“Reading this devotional feels like you’re chatting with your best girlfriends over lunch! These women make you feel like they know you—that they know what it feels like to be you. I love the variety and short length of each daily entry—you can read one in the time it takes to finish your morning coffee! Practical, sweet, and inspiring, *Trusting God* will help you do just that. And by the last page, you too will have some new girlfriends—Mary, Gwen, and Sharon!”

—**Jennifer Rothschild**, author of *Self Talk*, *Soul Talk* and *Lessons I Learned in the Dark*

“Girlfriends in God—Gwen, Sharon, and Mary—are some of the wisest women I know. My friends make trusting God seem simple, possible, and attainable. A girlfriend is someone who watches out for you, encourages you, and provides opportunity for you—and that is exactly what you will experience from these Girlfriends in God. If your life is feeling unstable, unsure, unreliable, or the path feels unknown, *Trusting God* will keep you under God’s umbrella of tender-loving care.”

—**Pam Farrel**, relationship specialist, international speaker, author of best-selling *Men Are Like Waffles*, *Women Are Like Spaghetti* and *The 10 Best Decisions a Woman Can Make*

“*Trusting God* in this world of uncertainty and economic upheaval isn’t easy. We all need to learn, relearn, or be reminded daily of the truth that God can be trusted for each day’s problems. True to their real and relatable style, this wonderful Girlfriends in God devotional is just what you need to encourage your heart and refresh your spirit.”

—**Georgia Shaffer**, licensed psychologist in Pennsylvania and author of *Taking Out Your Emotional Trash*

From the Author

I am so excited about this book ... for so many reasons. I love doing ministry and life with Sharon Jaynes and Gwen Smith. We truly are friends. Our hearts beat as one to connect with women and help them navigate the often chaotic waters of daily life. We don't have all of the answers...but we are on the same journey in learning to trust God.

*Trusting God* is a great resource for establishing a meaningful daily quiet time but it is also a great tool for small group leaders who have never led a group and even for those who are veteran Bible study teachers.

God bless you as you step out in faith - He is waiting for you, girlfriend.

About the Author

**Sharon Jaynes** is an author, a former VP and radio co-host of Proverbs 31 Ministries, and a frequent speaker for women’s events, television, and radio. **Gwen Smith**, author and speaker, worship leader, and award-winning songwriter, has been featured on major television programs. **Mary Southerland** is an international speaker, the author of books that help women who struggle with stress and depression, and offers a weekly online Bible study to 17,000 subscribers. Together, Sharon, Gwen, and Mary share Girlfriends in God online devotions that are read by approximately 500,000 readers daily.

## **Users Review**

### **From reader reviews:**

#### **Christine Frazier:**

The reason why? Because this *Trusting God: A Girlfriends in God Faith Adventure* is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will surprise you with the secret this inside. Reading this book close to it was fantastic author who also write the book in such incredible way makes the content interior easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any more or you going to regret it. This unique book will give you a lot of gains than the other book possess such as help improving your ability and your critical thinking technique. So , still want to hold off having that book? If I ended up you I will go to the guide store hurriedly.

#### **Robert Bartlett:**

Reading can called brain hangout, why? Because while you are reading a book mainly book entitled *Trusting God: A Girlfriends in God Faith Adventure* your head will drift away trough every dimension, wandering in each and every aspect that maybe unidentified for but surely will become your mind friends. Imaging just about every word written in a reserve then become one form conclusion and explanation that maybe you never get just before. The *Trusting God: A Girlfriends in God Faith Adventure* giving you yet another experience more than blown away your brain but also giving you useful details for your better life in this particular era. So now let us demonstrate the relaxing pattern at this point is your body and mind will probably be pleased when you are finished reading it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

#### **Richard Byrnes:**

Reading a book to get new life style in this year; every people loves to read a book. When you examine a book you can get a wide range of benefit. When you read books, you can improve your knowledge, because book has a lot of information onto it. The information that you will get depend on what forms of book that you have read. If you need to get information about your research, you can read education books, but if you want to entertain yourself you can read a fiction books, this sort of us novel, comics, along with soon. The *Trusting God: A Girlfriends in God Faith Adventure* offer you a new experience in examining a book.

#### **Kimberly Lunceford:**

As a scholar exactly feel bored for you to reading. If their teacher asked them to go to the library in order to make summary for some guide, they are complained. Just tiny students that has reading's heart and soul or real their leisure activity. They just do what the educator want, like asked to the library. They go to generally there but nothing reading seriously. Any students feel that examining is not important, boring along with can't see colorful photos on there. Yeah, it is to become complicated. Book is very important for yourself. As we know that on this time, many ways to get whatever we wish. Likewise word says, many ways to reach Chinese's country. Therefore , this *Trusting God: A Girlfriends in God Faith Adventure* can make you sense

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