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# Gravitas: Communicate with Confidence, Influence and Authority

*By Caroline Goyder*



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**Gravitas: Communicate with Confidence, Influence and Authority** By Caroline Goyder

Have you ever wondered why some people earn attention and respect when they speak and others don't? The secret to their success can be summed up in one word: gravitas.

In this revolutionary new book, leading voice coach and speaker Caroline Goyder reveals how to speak so others will listen. Through simple techniques to build your natural gravitas, you will learn how to express yourself clearly with passion and confidence to persuade, influence and engage listeners. By being grounded in your values and capabilities, you will gain the authority needed to make people sit up and pay attention.

Each chapter guides you step-by-step through practical techniques and exercises to give you the skills for great presentations, productive meetings and persuasive pitches. You'll overcome anxiety, learn how to deal with difficult people and feel calm and in control when public speaking.

An essential tool for the modern workplace, *Gravitas* will transform the way you think about yourself and your powers of communication.



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## **Gravitas: Communicate with Confidence, Influence and Authority** By Caroline Goyder Bibliography

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## **Editorial Review**

### About the Author

**Caroline Goyder** is a leading voice coach and keynote speaker with more than 15 years of experience providing voice and gravitas training to people of all ages. She was named by *Red* magazine as one of Britain's top coaches.

## **Users Review**

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Spent a free time to be fun activity to perform! A lot of people spent their spare time with their family, or their very own friends. Usually they doing activity like watching television, planning to beach, or picnic inside park. They actually doing same every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Could be reading a book is usually option to fill your totally free time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to test look for book, may be the reserve untitled Gravitas: Communicate with Confidence, Influence and Authority can be great book to read. May be it might be best activity to you.

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Playing with family in a very park, coming to see the coastal world or hanging out with buddies is thing that usually you have done when you have spare time, and then why you don't try factor that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Gravitas: Communicate with Confidence, Influence and Authority, you could enjoy both. It is good combination right, you still wish to miss it? What kind of hangout type is it? Oh can occur its mind hangout fellas. What? Still don't buy it, oh come on its called reading friends.

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