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The No 1 reason that stops people from getting what they want is lack of focus. People who focus on what they want, prosper. Those who don't, struggle. In *The Power of Focus* you'll discover the specific focusing strategies used by the world's most successful men and women. Find out how to: -Focus on your strengths and eliminate everything that is holding you back. -Change bad habits into habits that will make you debt-free and wealthy. -Create an excellent balance between work and family life - without guilt! Your ability to focus will determine your future - start now!

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Editorial Review

From [Booklist](#)

Canfield and coauthors Mark Hansen and Les Hewitt recommend that we concentrate on our strengths, set goals, and focus on them. Canfield and Hansen created the Chicken Soup for the Soul series, which now has 27 titles and has sold 47.5 million copies. They have added new ingredients to their pot; their mix now includes a weekly television show, electronic games, and even refrigerator magnets. All the while, though, their basic stock has remained the same: inspirational, heartwarming, and homey stories that make people feel good. Now they detail 10 "focusing strategies" they say they used to get their first books published and to build on their success. The authors include new stories and their own personal anecdotes to show the importance of having successful habits, creating balance, maintaining confidence, building excellent relationships, etc. *David Rouse*

Review

"Absolutely wonderful" Kenneth Blanchard, author of The One Minute Manager

About the Author

Jack Canfield and Mark Victor Hansen are bestselling authors and motivational speakers who have dedicated their lives to enhancing the professional and personal development of others. They are the co-authors of many bestsellers including Chicken Soup For The Soul, Chicken Soup For The Teenage Soul and Chicken Soup For The Woman's Soul.

Users Review

From reader reviews:

Steven Kilgore:

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