



My Fight / Your Fight

By Ronda Rousey



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In this inspiring and moving book, Ronda Rousey, the Olympic medalist in judo, reigning UFC women's bantamweight champion, and Hollywood star charts her difficult path to glory.

Marked by her signature charm, barbed wit, and undeniable power, Rousey’s account of the toughest fights of her life—in and outside the Octagon—reveals the painful loss of her father when she was eight years old, the intensity of her judo training, her battles with love, her meteoric rise to fame, the secret behind her undefeated UFC record, and what it takes to become the toughest woman on Earth. Rousey shares hard-won lessons on how to be the best at what you do, including how to find fulfillment in the sacrifices, how to turn limitations into opportunities, and how to be the best on your worst day.

Packed with raw emotion, drama, and wisdom, this is an unforgettable book by one of the most remarkable women in the world.



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Editorial Review

Review

“An exceptional autobiography.”

— *The Miami Herald*

“[Rousey's] experiences and storytelling are engrossing and entertaining.”

— *Kirkus Reviews*

“There have been multiple challenges to buffer Rousey’s myriad triumphs, and she boldly bares all in a book that is fascinating to read and tough to put down.”

— **UFC.com**

About the Author

Ronda Rousey is the UFC’s undefeated women's bantamweight champion and an Olympic medalist in judo. Arguably the most dominant athlete in UFC history, Rousey is responsible for the inclusion of women in the Octagon. She has taken Hollywood with her signature force, landing roles in major films and exploding onto the scene with the drive, commitment, and command that has made her a champion.

Maria Burns Ortiz is a journalist who has written for numerous publications including ESPN.com, Fox News Latino, and the *Associated Press* and was named the National Association of Hispanic Journalists’ Emerging Journalist of the Year. She is also Ronda Rousey's sister. She lives with her husband and their three amazing kids.

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