

# The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment

By Deepak Chopra





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The Seven Spiritual Laws of Success was a phenomenon that touched millions of lives. Its author, Deepak Chopra, received thousands of letters from parents who expressed the desire to convey the principles they had learned to their children, along with questions about how to do so.

The Seven Spiritual Laws for Parents is Dr. Chopra's answer to those parents who wish to raise children with values that satisfy spiritual needs as well as create the experience of abundance. Exploring specific ways to practice the Seven Spiritual Laws as a family, Chopra explains how to convey these laws to children, and how to embody them in age-specific activities each day.

The Seven Spiritual Laws for Parents moves us beyond a focus on private triumphs and failures to experience the spiritual nature of communion with family, to share with those closest to us the infinite riches of innocence and love.

The deepest nurturing you can give your child is spiritual nurturing.

There are seven simple sayings that can have a profound impact on your child's life.

- Everything is possible.
- If you want to get something, give something.
- When you make a choice, you change the future.
- Don't say no—go with the flow.
- Every time you wish or want, you plant a seed.
- Enjoy the journey.
- You are here for a reason.

Raised with these insights, every child can obtain the success that comes from having the most valuable skills anyone can possess: the ability to love and have

compassion, and the capacity to feel joy and spread it to others. In this essential work for every parent, Deepak Chopra reflects on his experiences as a father as well as his own spiritual journey and offers profound and practical ways for sharing these principles with your children.

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#### **Editorial Review**

#### Amazon.com Review

In *The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment*, healer and philosopher Deepak Chopra follows up on his runaway bestseller, *The Seven Spiritual Laws of Success*, by extending and reinterpreting his spiritual laws for parents. "From the day your baby is born, you are a teacher of spirit," Chopra writes. "Look upon spirituality as a skill in living, since that is what it is. I believe in imparting these skills as early as possible by whatever means a child can understand." To meet this end, Chopra translates his own "laws" so that even the youngest child can comprehend them. For instance, Chopra's First Law, "The source of all creation is pure consciousness ... pure potentiality seeking expression from the unmanifest to the manifest," translates as "everything is possible." In his wise and deceptively simple program (focusing each day of the week on one of the seven laws), Chopra suggests ways for parents to teach children truly spiritual values by incorporating spiritual goals into family life. --*Ericka Lutz* 

#### From Library Journal

Chopra, the best-selling inspirational author and director of the Chopra Center for Well-being, turns his attention here to teaching morality and spirituality to children. Reframing his spiritual laws (The Seven Spiritual Laws of Success, LJ 5/1/95), he suggests ways parents can incorporate them into the upbringing of their children. He suggests devoting one day each week to each principle and gives examples of age-appropriate activities for children to foster the learning of these laws and the development of the child's spirituality. This book will appeal primarily to parents who have read Chopra's other books or who watch him on public television. Recommended for public libraries where Chopra's other books circulate.?Kay L. Brodie, Chesapeake Coll., Wye Mills., Md.

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#### From **Booklist**

Most of Chopra's books carry overtones of previous works, but this compact volume makes no bones about being a revamping of *The Seven Spiritual Laws of Success* (1996), here reworked to apply to children. Written for parents and tying itself to the trend toward teaching morality to young people, the volume offers a spiritual frame within which kids can live their lives. Here are the seven painfully obvious laws: everything is possible; if you want to get something, give it; when you make a choice, you change the future; don't say no--go with the flow; every time you wish, you plant a seed; enjoy the journey; you are here for a reason. One of Chopra's strong suits is the simplicity of his writing, and that quality is particularly evident here. He is also good at giving practical suggestions for putting his spiritual advice into play, and parents will find that beneath the common sense of the laws themselves, there is a surprisingly pragmatic approach to child rearing. With a major publicity campaign planned and Chopra's reputation in high gear, expect demand. *Ilene Cooper* 

#### **Users Review**

#### From reader reviews:

#### **Eleonora Plunkett:**

This The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment book is not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is

actually information inside this publication incredible fresh, you will get information which is getting deeper you read a lot of information you will get. That The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment without we realize teach the one who reading through it become critical in contemplating and analyzing. Don't be worry The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment can bring whenever you are and not make your handbag space or bookshelves' grow to be full because you can have it within your lovely laptop even phone. This The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment having very good arrangement in word in addition to layout, so you will not truly feel uninterested in reading.

#### **Alejandro Jones:**

As people who live in often the modest era should be upgrade about what going on or data even knowledge to make them keep up with the era which can be always change and make progress. Some of you maybe will probably update themselves by studying books. It is a good choice for you personally but the problems coming to anyone is you don't know what kind you should start with. This The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment is our recommendation to make you keep up with the world. Why, as this book serves what you want and want in this era.

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