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# Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream

By Whitney L. Johnson



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## Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream

By Whitney L. Johnson

Whitney Johnson, popular *Harvard Business Review* blogger, has a goal: to help us identify and achieve our dreams. Her belief is that we can each achieve greater happiness when focusing both on our dreams and on other people in our lives. In this inspiring book, Johnson directs her attention to teaching women, in particular, a three-step model for personal advancement and happiness. She first encourages us to DARE to boldly step out, to consider disrupting life as we know it. Then she teaches us how to DREAM, to give life to the many possibilities available, whether to start a business, run a marathon, or travel the world. She shows us how to "date" our dreams (no need to commit!) and how to make space for dreams. Finally, Whitney's model brings out the businesswoman in her; she teaches us to DO, to execute our dreams. She showcases the importance of sharing dreams with others to give them life, creating your own "dream team." Rich with real stories of women who have dared to dream, DARE, DREAM, DO offers a practical framework to realize one's true potential.

In her mid-twenties, Whitney found herself in New York, where she landed a secretarial job on Wall Street. With no relevant experience, and a bit shy on confidence, she contemplated her future and her dreams. Through determination and hard work, Whitney became an investment banker, moving to the analyst side of the business, executing the plans she'd laid out for herself. Naively, she thought most women were following similar paths until she started talking and found that many women were not daring to dream at all. It was because of these conversations that she started a blog in 2006, which became the inspiration for this book. DARE, DREAM, DO is full of remarkable stories of women, which will no doubt inspire others to follow suit. Although Whitney focuses on the stories of women, her blog is popular with men as well, and her advice speaks to either gender.



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### Editorial Review

#### Review

"In Dare, Dream, Do, Whitney Johnson explains, in manageable, concrete terms, how to identify and pursue the possibilities to build a happier life....Johnson's book explains not only why, but how to take those steps—with full confidence and success."

Gretchen Rubin | New York Times best- selling author of The Happiness Project

"I read Dare, Dream, Do with a highlighter clenched between my teeth and a pad of sticky notes in my hand. Whitney Johnson has written a book that is hopeful, honest, and beautifully written....the amazing stories make dreaming accessible without diminishing its power or magic."

Brené Brown | Ph.D., LMSW, author of The Gifts of Imperfection

"As an accomplished business leader, Whitney Johnson acutely understands how to translate ambitions into action. Dare, Dream, Do not only ignites the courage to pursue your aspirations, but also serves as a powerful guide to achieve what once may have seemed out of reach."

Maira Forbes | publisher ForbesWoman

"Dare, Dream, Do belongs in every success toolkit. Business leader and master storyteller, Whitney Johnson shows how remarkable things happen when we dare to claim our strengths, own our dreams, and do what we're meant to do. A fabulous guide for business and for life."

Liz Strauss | business strategist and author of Successful-Blog.com

"Whitney Johnson maps out a masterpiece for women that is filled with wisdom, strategies, fascinating stories, and all that matters most in life. Dare, Dream, Do is an incredible book. I want to give this book to every woman I know."

Lolly Daskal | President and Founder of Lead From Within: Heart based Leadership for Work and Life

"Rethink the fundamentals of your life. Disrupt your status quo. That's Whitney Johnson's invitation (and challenge) to each of us in Dare, Dream, Do. I urge you to accept her invitation."

Clayton M. Christensen | professor, Harvard Business School and best-selling author

"Dare, Dream, Do is hopeful, honest, and beautifully written, making dreaming accessible without diminishing its power or magic."

Brené Brown | Ph.D., LMSW and author of The Gifts of Imperfection

"Every night before I fell asleep my mom would say to me, 'you can do anything you want to as long as you put your mind to it.' Dare, Dream, Do is inspiring and eye-opening. Whitney is reminding us how important it is to dream at any age."

Summer Sanders | Olympic gold medalist swimmer, sports commentator and reporter

"Read this book for your soul and read it for your future! Join Whitney on an inspired journey toward realizing the power and potential in yourself...Learn how to catalog your talents and channel them toward a thrilling future. Then start dreaming BIG."

Betsy Morgan | former CEO The Huffington Post, and president of The Blaze

"There are just a few books where you want to read every single word. *Dare, Dream, Do* by Whitney Johnson is one of those rare books. Every page is filled with stories, with wisdom, and with unusual insights that inspire and guide us in how to dream..."

Ellen Galinsky | President, Families and Work Institute, Author, *Mind in the Making*

## Review

**Clayton Christensen is the world's leading thinker on innovation and the New York Times bestselling author of *The Innovator's Dilemma*, the only business book that Apple's Steve Jobs said "deeply influenced" him. Most recently, he is the author of *How Will You Measure Your Life?*, an unconventional book of inspiration and wisdom for achieving a fulfilling life. Read his exclusive guest review of *Dare, Dream, Do*:**

Every semester at Harvard Business School, on the last day of class I deliver a lecture, not on building and sustaining a successful enterprise, but rather on building and sustaining a happy life.

I often start with something like, "In just a few months you'll graduate and embark on what to many, including your selves, will be prestigious, lucrative, high-profile careers. But if you want to also have happy lives, you need to know the purpose of your life. Take the time, even if it's at midnight each night, to figure out what you are meant to do. Or in the words of my colleague Howard Gardner, learn to cultivate existential intelligence, or the ability to make meaning of life."

One of my personal missions is to inspire others to discover their purpose in life. As such, what started as a lecture has now become a book I co-authored with James Allworth and Karen Dillon. While our book focuses on individuals across the board, Whitney Johnson's book *Dare, Dream, Do* further drills down on the topic by thinking through the question of how do women build a happy life. Through powerful storytelling, she dares women to rethink their current fundamentals, to measure their life by the only yardstick that matters – what she specifically is meant to do, including the importance of teaching her children to dream. The book then moves to provide women with specific tools for identifying what it is they were meant to do, recognizing that creating a meaningful life emerges from answering the deepest questions about our life's purpose.

It concludes with the injunction to simply begin. It may be frightening at first. There will be much that you can't predict. But it is only in the doing, that you can ultimately build and sustain a happy life. For anyone who has pondered the question, "what should I do with my life," for anyone who is seeking fresh inspiration, advice and tactics, I recommend *Dare, Dream, Do*. Whether your purpose is to circle the globe or draw your family circle, *Dare, Dream, Do* helps make that discovery possible.

## About the Author

**Whitney Johnson** dared to dream when she began her Wall Street career as a secretary. With courage and persistence, by her forties she had risen to become an Institutional Investor-ranked sell-side analyst at Merrill Lynch. Whitney is the president and co-founder of the investment firm Rose Park Advisors, a regular blog contributor for the *Harvard Business Review*, and her blog, *Dare to Dream*, is ranked #6 in Marcus Buckingham's "Top 10 Management and Leadership Blogs." Whitney is a frequent panelist and speaker and often appears in print media, such as the *New York Times* and the *Boston Globe*, as well as broadcast media. Whitney invests in people while she invests in the market. Having invested in her own dreams, Whitney is passionate about encouraging others to take stock in theirs. She and her husband reside with their two children in Boston, Massachusetts.

## **Users Review**

### **From reader reviews:**

#### **Eva Byrd:**

Do you have favorite book? In case you have, what is your favorite's book? Reserve is very important thing for us to find out everything in the world. Each e-book has different aim or perhaps goal; it means that reserve has different type. Some people really feel enjoy to spend their the perfect time to read a book. They may be reading whatever they get because their hobby is usually reading a book. Consider the person who don't like looking at a book? Sometime, person feel need book if they found difficult problem or perhaps exercise. Well, probably you will need this Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream.

#### **James Fletcher:**

Now a day individuals who Living in the era wherever everything reachable by talk with the internet and the resources inside it can be true or not call for people to be aware of each facts they get. How many people to be smart in having any information nowadays? Of course the answer then is reading a book. Looking at a book can help persons out of this uncertainty Information specially this Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream book since this book offers you rich info and knowledge. Of course the data in this book hundred % guarantees there is no doubt in it you probably know this.

#### **Penny Risley:**

This book untitled Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream to be one of several books this best seller in this year, honestly, that is because when you read this publication you can get a lot of benefit on it. You will easily to buy that book in the book retail outlet or you can order it via online. The publisher with this book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Mobile phone. So there is no reason to you personally to past this e-book from your list.

#### **Connie Curtis:**

Reading a guide tends to be new life style on this era globalization. With reading through you can get a lot of information that could give you benefit in your life. Having book everyone in this world can easily share their idea. Books can also inspire a lot of people. A lot of author can inspire their reader with their story as well as their experience. Not only the storyline that share in the publications. But also they write about the ability about something that you need example. How to get the good score toefl, or how to teach children, there are many kinds of book that you can get now. The authors on this planet always try to improve their proficiency in writing, they also doing some research before they write with their book. One of them is this Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream.

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