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Crafts and Creative Media in Therapy

By Carol Tubbs MA OTR/L, Margaret Drake PhD OTR/L ATR-BC
FAOTA

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Crafts and Creative Media in Therapy By Carol Tubbs MA OTR/L, Margaret Drake PhD OTR/L ATR-BC FAOTA

Updated and expanded into a comprehensive **Third Edition**, *Crafts and Creative Media in Therapy* emphasizes the importance of the use of crafts in therapy and rehabilitation and summarizes the most current research regarding their benefits.

Carol Tubbs has expanded and renamed Margaret Drake's *Crafts in Therapy and Rehabilitation* to provide basic instructions for a wide array of crafts and additional project ideas, information on populations for whom the activities might be appropriate, adaptation and grading of the activities, methods of documentation to better assure reimbursement, and examples of how these activities are relevant to common models of practice. With the focus remaining on the therapeutic aspects of crafts, the concept of "media" has been added to this third edition to include creative endeavors such as expressive and technological media that are not traditionally considered to be crafts.

The selection of activities covered in *Crafts and Creative Media in Therapy, Third Edition* has been updated to reflect current community trends regarding individuals' engagement in crafts and other creative media, while simultaneously promoting the value of an occupation-based approach to treatment, which includes the use of these media. Tips for clinical reasoning in choosing crafts are included. This best-selling and renowned book has also been updated to coincide with the AOTA's *Occupational Therapy Practice Framework*, and it includes appendices for many additional resources.

Each Craft Category Includes:

- Key terms, tools, and supplies
- General instructions
- Precautions/special considerations
- Therapeutic application for various populations
- Ways to use the activity for assessment
- Ways to grade
- A case study
- Discussion questions
- Related activities/ideas

Crafts and Creative Media in Therapy, Third Edition is a quick reference for occupational therapists, occupational therapy assistants, students, activity directors, and recreational therapists looking to increase their knowledge of the

therapeutic power of crafts.

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Editorial Review

About the Author

Carol Tubbs, MA, OTR/L, has been a practicing occupational therapist for 20 years. She is currently an associate professor at the University of Mississippi Medical Center in the School of Health Related Professions in Jackson. She has also served as an item writer for the National Board for Certification in Occupational Therapy for a number of years. Ms. Tubbs has worked in numerous practice settings and mourns the recent decline of creativity and occupation-based intervention in occupational therapy practice. Margaret Drake, PhD, OTR/L, ATR-BC, LPAT, FAOTA, attended classes in eight different colleges and universities over the years, preparing herself for different phases of her career and stages of life. She taught in three American universities and in two overseas, one in Saudi Arabia and one in Taiwan. Dr. Drake credits the latter two experiences for preparing her for teaching classes in sociocultural issues as well as writing about cultures in the first two editions of *Crafts in Therapy and Rehabilitation*. Her two most personally meaningful awards are the FAOTA (Fellow of the American Occupational Therapy Association) and the Volunteer of the Year Award from Stewpot Community Services Center for the weekly art group she co-led for 8 years with her coauthor, Carol Tubbs. Dr. Drake retired from the University of Mississippi Medical Center in Jackson, and she currently resides in Volcano, Hawaii. She now writes historical novels about intrepid women who could have lived but were not accorded their proper importance at the time; her first three novels all had occupational therapy heroines. She also assists her niece and her husband in operating their bed and breakfast near Kilauea Volcano National Park Headquarters and is also learning to garden in the rain forest. Dr. Drake tries to live a life simple in material things but rich in things of the mind and spirit.

Users Review

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