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# Why Kids Lie: How Parents Can Encourage Truthfulness

*By Paul Ekman*



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## Why Kids Lie: How Parents Can Encourage Truthfulness By Paul Ekman

In this helpful book, Dr. Paul Ekman, a world-renowned expert on lying, shows parents how to deal effectively with the variety of lies children of all ages tell—from little white lies to boasting and bragging to the outright concealing of information.

“My son Billy lied to me and he’s only five. Is that normal?”

“I know Joanne is lying when she tells me she doesn’t smoke pot, but I can’t prove it. What should I do?”

“Heather won’t tell me what she does on her dates. She says it’s none of my business, but don’t I have a right to know?”

You’ll learn what motivates a child to lie, why some kids lie more than others, what to do if you suspect or discover your child is lying, how you can encourage your child to tell the truth, and more—all in easy-to-understand, practical language that makes this an invaluable book for every family.



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