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By Stella Cottrell



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Editorial Review

Review

'Concise, clearly laid out and covering a wide range of subjects' -- Victor Glynn, Oxford University

About the Author

STELLA COTTRELL is Director for Lifelong Learning at the University of Leeds, UK. She is author of the best-selling *The Study Skills Handbook*, as well as *The Exam Skills Handbook*, *Critical Thinking Skills* and *Skills for Success*, a key text on personal development planning.

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