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## The China Study All-Star Collection: Whole Food, Plant-Based Recipes from Your Favorite Vegan Chefs

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Following her bestselling *The China Study Cookbook*, LeAnne Campbell brings together top names in the plant-based community to share their favorite and most delicious recipes in *The China Study All-Star Collection*.

Featuring your favorite chefs and cookbooks authors, *The China Study All-Star Collection* includes foods from Happy Herbivore chef Lindsay S. Nixon; Del Sroufe, author of the *New York Times* bestseller *Forks Over Knives Cookbook*; Laura Theodore, host of PBS' *Jazzy Vegetarian*; and pioneering researcher Dr. John McDougall, which all follow the nutrition standards set forth by *The China Study*.

Even better, with delectable dishes such as Dreena Burton's Sneaky Chickpea Burgers, Heather Crosby's Peppermint Chocolate Chunk Ice Cream, Christy Morgan's Fiesta Quinoa Salad and Christina Ross's Daikon Mushroom Fettuccine, this collection of recipes has you covered for any occasion or craving.

With an introduction from *The China Study* co-author Dr. T. Colin Campbell, *The China Study All-Star Collection* is the ultimate plant-based cookbook for healthful, savory eating.



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## The China Study All-Star Collection: Whole Food, Plant-Based Recipes from Your Favorite Vegan Chefs From BenBella Books Bibliography

- Sales Rank: #30275 in Books
- Published on: 2014-05-06
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 7.25" w x .75" l, .0 pounds
- Binding: Paperback
- 304 pages

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### **Editorial Review**

#### **About the Author**

**LeAnne Campbell, PhD**, has been cooking whole foods, plant-based meals (WFPB) for over 25 years and has raised two athletic sons, now 21 and 20 years of age, on a WFPB diet. When not preparing quick, delicious and satisfying meals, she's working with schools, teachers, artists and community groups, locally and internationally, on initiatives that foster the development of vibrant, inclusive and sustainable communities. This work is accomplished through GlobalRoots.net and as the president and founder of this organization, she develops, implements and directs a wide-range of community based educational programs. One example is the "Total Health Experience", a week long program -- or pathway, to achieve optimal health. She has a B.S. and Masters degree from Cornell University in Human Service Studies and a PhD from UNC Chapel Hill in the area of Culture, Curriculum and Change.

For more than 40 years, **T. Colin Campbell, PhD**, has been at the forefront of nutrition research. His legacy, the China Study, is the most comprehensive study of health and nutrition ever conducted. Dr. Campbell is the Jacob Gould Schurman Professor Emeritus of Nutritional Biochemistry at Cornell University. He has received more than 70 grant years of peer-reviewed research funding and authored more than 300 research papers. The China Study was the culmination of a 20-year partnership of Cornell University, Oxford University and the Chinese Academy of Preventive Medicine.

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In this age globalization it is important to someone to obtain information. The information will make a professional understand the condition of the world. The fitness of the world makes the information better to share. You can find a lot of personal references to get information example: internet, magazine, book, and soon. You will see that now, a lot of publisher which print many kinds of book. The particular book that recommended to you personally is The China Study All-Star Collection: Whole Food, Plant-Based Recipes from Your Favorite Vegan Chefs this book consist a lot of the information from the condition of this world now. This kind of book was represented just how can the world has grown up. The terminology styles that writer use for explain it is easy to understand. Often the writer made some investigation when he makes this book. That is why this book acceptable all of you.

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