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Beauty Fades, Dumb Is Forever: The Making of a Happy Woman

By Judy Sheindlin



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Beauty Fades, Dumb Is Forever: The Making of a Happy Woman By Judy Sheindlin

Judge Judy has heard enough. As a family court judge in New York City and now in her successful TV courtroom show, she has listened to thousands of excuses, complaints, and tales of woe from women of every background, and she's ready to rule. Women, she states with her trademark frankness, need to wise up, stop subjugating who they are, and stop making stupid decisions in the name of love. They hide their talents and opinions so they won't offend. They tiptoe through life letting others take credit for their ideas because they would rather be liked than respected. They spend their lives trying to please everyone but them-selves, and then they wonder why they feel so frustrated and unfulfilled.

Beauty Fades, Dumb Is Forever presents Judge Judy's ten hard and true lessons for happiness:

1. Beauty fades, dumb is forever.
2. Don't crawl when you can fly.
3. What goes up must come down.
4. Denial is a river in Egypt.
5. Master the game--then play it.
6. You're the trunk of the tree.
7. You can't teach the bull to dance.
8. Failure doesn't build character.
9. Letting go is half the fun.
10. You can be the hero of your own story.



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Editorial Review

From Publishers Weekly

Autobiography and self-help collide in Sheindlin's latest book (after *Don't Pee on My Leg and Tell Me It's Raining*). Known to millions because of her TV program, Judge Judy, Sheindlin writes with the same theatrical no-nonsense directness that animates her on-air persona. Her theme is stated best in the title, which is just the first of many declarative chestnuts. Aimed at women trying to make it in male-dominated workplaces and traditional marriages, the book is broken into chapters that expound on basic principles illustrated with one or two examples from Sheindlin's long career (Revlon, Manhattan Family Court, network television). There's a slew of surprisingly personal recollections about her own marriages, husbands and divorces. The forthright self-revelations reveal an unusual person with, apparently, no conception of being eccentric. Conventional statements ("I believe that one determined, skilled person can do just about anything") have surprising conclusions: "That's why I keep a Hoover File, as in J. Edgar." Sheindlin unself-consciously goes on to describe how she used her Hoover File to ensure her reappointment to the bench. There are several such gems, all of which will be enjoyed by Judge Judy watchers. Sheindlin's voice comes through with amazing clarity: fans of her show will hear it as they read.

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From Library Journal

Those who have tuned into Judge Judy's TV broadcasts, even momentarily, will recognize her no-nonsense approach here. Her straightforward personality shines through her writing, making it a joy to read. Reminiscent of Laura Schlessinger's *Ten Stupid Things Women Do To Mess Up Their Lives* (LJ 10/15/97), Sheindlin's book doesn't pussyfoot around when explaining how women can create unhappiness in their own lives. Her main point is that a woman can't rely on a man to provide her with a life, nor should she even try. Although some readers may find Sheindlin's male bashing a little over the top, at one point she claims that "within the family structure, what men do best is breathe." Her hit-them-over-the-head approach makes this book well worth buying for most collections. A Pamela A. Matthews, Gettysburg Coll. Lib., PA

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Review

"Judge Judy rules."-- "Entertainment Weekly" "Judge Judy takes on stupidity. Offering advice to women seeking to build a strong foundation for their lives, Sheindlin combines her experiences as Family Court judge, wife and grandmother. She clues women in on how to keep their individuality and nourish their strengths."-- "New York Daily News" "This book resonates with the voice of Judge Sheindlin.... It is instructional, motivational and full of practical advice.... She empowers through the can-do energy."-- "New York Law Journal" "[Sheindlin is] part Harry Truman, part Rhea Perlman: funny, quick-tempered, bluntly honest."-- "People" "The reigning queen of small-screen justice."-- "Family Circle" "Sheindlin writes with the same theatrical no-nonsense directness that animates her on-air persona."-- "Publishers Weekly"

Users Review

From reader reviews:

Greta Harty:

Playing with family in the park, coming to see the marine world or hanging out with pals is thing that usually

you could have done when you have spare time, after that why you don't try matter that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Beauty Fades, Dumb Is Forever: The Making of a Happy Woman, you may enjoy both. It is good combination right, you still desire to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't get it, oh come on its known as reading friends.

Ernestine Worrell:

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Scott Padilla:

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Harold Morris:

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