Chocolate Hair Vanilla Care: A Parent's Guide to Beginning Natural Hair Styling

By Rory Mullen

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Chocolate Hair Vanilla Care: A Parent's Guide to Beginning Natural Hair Styling covers basic hairstyles and techniques, from learning to part naturally curly hair to styling cornrows and twists. If you are a transracial adoptive parent, a parent of a biracial child, or a caregiver to a young one with kinky-curly hair, this book is everything you need to start a hairstyling routine with your child. This comprehensive guide is organized so that you can read sections on an as-needed basis, addressing techniques and maintenance that are specific to your family's needs at any point along your child's haircare journey.

Chocolate Hair Vanilla Care:
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PART I: An Overview of Hairstyling
Why Style Natural Hair?, Defining Protective Styling, Preparing for Styling, Tips for Practicing
PART II: Hair Parting Techniques
Preparation for Parting, Tools & Tips for Parting, Basic Part Lines, Creating Box Patterns
PART III: Buns, Coils, Twists, & Braids
Puffs & Buns, Two-Strand Twists, Three-Strand Braids or "Singles"
PART IV: Flat Braids & Flat Twists
Overview of Flat Braids & Flat Twists, Flat Twists, Cornrows
PART V: Hairstyling
Outlining Styling Needs, Getting Your Child Involved, Setting Realistic Expectations, Sitting for Styling
PART VI: Hairstyle Maintenance
How to Protect Hairstyles, Playtime, Swimming, Maintaining Styles
PART VII: Removing Hairstyles
Deciding When to Restyle, Removing Elastics, Removing Tiny Braids, Locking & Matting
PART VIII: Troubleshooting
Issues with Boxed Styles, Rolled Cornrows, Tight Rows, Loose Rows
APPENDICES
Appendix A: Sample Styling Routines, Appendix B: Hair Products

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