





Jose Silva's Everyday ESP: Use Your Mental **Powers to Succeed in Every Aspect of Your** Life [With Audio CD]

By Jose, Jr. Silva, Ed, Jr. Bernd



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How often do you use your natural ESP? For example, have you ever experienced:

- *A hunch that pays off?
- *A dream with useful information?
- *Unexplained coincidences?

Jose Silva's Everyday ESP will help you not only learn how to tap into the natural ability of ESP but it will also help you understand hidden information that you can use to make better decisions in all areas of your life. Imagine if you had a guide who actually knew what lies ahead for you, and who could guide you to success, happiness, and fulfillment. In Jose Silva's Everyday ESP you will learn how to use your ESP to obtain guidance and help from higher intelligence to help you make better decisions and to fulfill your life's mission.

Learn to use the scientifically researched and proven Silva Dynamic Meditation System to help you in all areas of life: health, relationships,

success, making good decisions, and finding your purpose in life. Wouldn't it be nice to have guidance from higher intelligence as to how to achieve all this?

For the first time in any of the many books released by Jose Silva, this book will contain an audio CD to speed up the process. The CD contains the Silva Centering Exercise, a practice Jose Silva invested 22 years of scientific research to develop. In just a few hours you can be functioning

at the powerful alpha brain wave level.

In addition to the resources in the book and on the audio CD, you can call on a network of Silva instructors throughout the world to help you. Plus, you will also be provided with a link to a special Website with additional resources and provisions to get personal answers to questions about using Silva's System to help you live the successful life that higher intelligence envisioned for you. As Jose Silva used to say, "May the rest of your life, be the best of your life."

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Sales Rank: #969405 in BooksPublished on: 2007-08-01Original language: English

• Number of items: 1

- Dimensions: .59" h x 6.10" w x 8.92" l, .66 pounds
- Binding: Paperback
- 250 pages

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Editorial Review

About the Author

Jose Silva Jr. is one of the last links to his father's pioneering research that led to the development of a system to help everyone develop their natural God-given ESP. Jose was one of the three incorporators of Silva International, the corporation that still manages the original course. In 1995 Mr. Silva nominated Jose Jr. to take over the presidency of Silva International, a position he has held ever since. Jose lives in Laredo, Texas, with his wife, Ruth.

Ed Bernd Jr. grew up in the newspaper business and said he was way beyond skeptical about ESP--he was certain that it didn't exist. Ed says that he has used his ESP virtually every day since he attended that first Silva program back in 1975. He became a Silva Instructor in 1977, and was invited to join the Silva world headquarters staff in 1981 as an instructor and editor of the company newsletter. He quickly began putting his communications skills to work to let people know about the benefits of the program.

Users Review

From reader reviews:

Holly Taylor:

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Bryant Booher:

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