

Restless Valley: Revolution, Murder, and Intrigue in the Heart of Central Asia

By Philip Shishkin



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A reporter's vivid account of Central Asia's wild recent history--violent in the extreme and rife with characters both heroic and corrupt

It sounds like the stuff of a fiction thriller: two revolutions, a massacre of unarmed civilians, a civil war, a drug-smuggling highway, brazen corruption schemes, contract hits, and larger-than-life characters who may be villains . . . or heroes . . . or possibly both. Yet this book is not a work of fiction. It is instead a gripping, firsthand account of Central Asia's unfolding history from 2005 to the present. Philip Shishkin, a prize-winning journalist with extensive on-the-ground experience in the tumultuous region above Afghanistan's northern border, focuses mainly on Kyrgyzstan and Uzbekistan. Both nations have struggled with the enormous challenges of post-Soviet independent statehood; both became entangled in America's Afghan campaign when U.S. military bases were established within their borders. At the same time, the region was developing into a key smuggling hub for Afghanistan's booming heroin trade. Through the eyes of local participants--the powerful and the powerless--Shishkin reconstructs how Kyrgyzstan and Uzbekistan have ricocheted between extreme repression and democratic strivings, how alliances with the United States and Russia have brought mixed blessings, and how Stalin's legacy of ethnic gerrymandering incites conflict even now.



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Editorial Review

Review

"A fast-paced, intricate and humanistic work of reportage... Restless Valley is filled with unforgettable characters, eloquent vignettes and searing imagery... starts to read like a novel" -- **Asian Review of Books**

"...sharp and entertaining... [The stories] are vigorous and bold." - The Wall Street Journal

"The weird, the strange, the corrupt, and the grand are all evident in Philip Shishkin's Restless Valley. ...he relentlessly pursues and then tells the stories of the most corrupt and powerful and also the most sincere and admirable characters who inhabit these mountains."—Ahmed Rashid, the New York Review of Books

"Shishkin's book reads like a novel but is the stuff of hard won journalism. Central Asia finally gets the treatment it damn well deserves."—Gary Shteyngart, author of Absurdistan

"This one's a thriller... exciting and absorbing" -- Los Angeles Review of Books

"Philip Shishkin illuminates this tale with uncommon skill. Whether curious tourists or students of 21st-century geopolitics, readers would be hard-pressed to find a better guide."—Andrew Meier, author of Black Earth: A Journey through Russia after the Fall

"Rarely does an outsider get to experience Kyrgyzstan and Uzbekistan as intimately as Shishkin, [...] who has made his way into virtually every turbulent moment in the recent history of these countries" -- Foreign Affairs

"You'll finish the book with a greater understanding of Central Asia and the feeling that you yourself have been on a journey that you'll never forget, and made some friends along the way.... a mesmerizing read." -- Jake Adelstein, author of Tokyo Vice

"Shishkin shines as a reporter" -- Foreign Policy magazine

"Absorbing.... an investigative eye for detail, probing interviews, biting wit..." -- The Atlantic sister publication qz.com

"Enlightening... Shishkin vividly explores, through first-hand experience, interviews, and public record, the sort of events which could fuel a dozen action movies... A fascinating exposé..." -- **Publishers Weekly**

"skilled reportage in which he displays a fine eye for detail and particularly for the human touches that underscore major events" -- The National

From the Author

An excerpt from Restless Valley by Philip Shishkin

Andijan, Uzbekistan

May, 2005. Word is trickling out of a massacre of prisoners and civilians.

Rumors rippled through the crowd that high-ranking Uzbek officials, perhaps even the president himself, were on their way to address the rally and somehow make things better. Such was the enduring appeal of the myth of the good czar. Through centuries of misrule and repression, people in the Russian and then the Soviet empire held out hope that all the abuse was orchestrated by mid-level bureaucrats while the man at the top was kept in the dark. If only you could bypass the evil entourage and tell the czar directly what horrible injustices were being visited upon his subjects, he would open his eyes in shock, punish the abusers, and make things right.

You read accounts of victims of Stalin's purges dragged into dungeons and forced by their interrogators to sign wholly fabricated admissions of guilt before getting shot like dogs, and the victims, incredulous to the last, say things like "Does Comrade Stalin know about this?" or "It's all a mistake, you must tell Comrade Stalin." The myth of the good czar is a coping mechanism, a refusal to believe that the political system is really as rotten from the top as it seems.

In Andijan that day, as protesters were expecting the Uzbek president to alight on the square and talk to them, security forces quietly cut off all retreats and prepared to turn the square into a kill zone.

About the Author

Philip Shishkin was an award-winning staff reporter for the *Wall Street Journal*. A fellow at the Asia Society, he is now a freelance writer based in Beijing.

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From reader reviews:

Tara Thornton:

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