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## First Person Plural: My Life As A Multiple ( New Edition) (Chinese Edition)

*By ka mei lun ·wei si te*



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First Person Plural: My Life As A Multiple is a psychology-related autobiography written by Dr. Cameron West, who developed dissociative identity disorder as a result of childhood sexual abuse. In it, Dr. West describes his diagnosis, treatment, and personal experiences. West recovers memories of early childhood sexual abuse and is diagnosed with DID as an adult. The book chronicles the first few years of his struggle to accept and heal from his disorder. West describes a system of 24 different personalities that emerge one by one. The presence of personalities is tied to flashbacks West experiences in which he is molested by his mother and grandmother as well as one or more unidentified male perpetrators. Alters emerge who either hold memories of West's abuse, carry the pain of the experience, or protect West's psyche in one way or another. Throughout his long journey to acceptance, West undergoes intensive therapy, and through hospitalizations in DID-centered programs, meets many people who share his condition. His wife Rikki's constant support as well as his love for her and his son motivate West to accept his abuse and begin to heal from the damage it did to his psyche.



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**Bibliography**

- Sales Rank: #9988419 in Books
- Published on: 2011-07-01
- Number of items: 1
- Binding: Paperback
- 199 pages

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