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# Zen Doodle Unleashed: Freeform Tangle Art You Can Draw and Color

By Tiffany Lovering



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**Zen Doodle Unleashed: Freeform Tangle Art You Can Draw and Color** By Tiffany Lovering

If you're looking for an easy, relaxing outlet for your creativity, you've come to the right place. *Zen Doodle Unleashed* features the same fun, free and soothing style that has made Tiffany Lovering a YouTube favorite! Express yourself with freeform tangles that are not confined within an outer boundary or "string." Instead, you create abstract patterns that flow and build off each other to fill the whole page. It's almost magical the way simple patterns add up to complex and beautiful results. Plus you'll learn a variety of shading and coloring options to up the wow-factor even more!

Inside you'll find:

- 4 simple steps you need to build an original freeform tangle from scratch
- 50 original patterns broken down into easy-to-follow steps including basic, intermediate, advanced, organic and gridline patterns
- Cool coloring techniques with permanent markers, colored pencils, oil pastels and watercolor
- A cut-out reference booklet of 101 patterns by Tiffany
- Simple lettering techniques, different pen strokes for variety and lots more expert advice!

From quick-start basics to inspiration galore, *Zen Doodle Unleashed* is a liberating guide for beginners and more experienced artists. It's never been easier to get started. But fair warning--once you start, you may find it hard to stop!



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**Bibliography**

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### **Editorial Review**

#### About the Author

**Tiffany Lovering** started tangling as a fun and relaxing craft in between writing novels. As she learned the art of creating different patterns and techniques, tangling quickly became a passion she wanted to share with others. In 2013 she created her own YouTube channel ([youtube.com/tiffanylovering](https://youtube.com/tiffanylovering)) dedicated to showing others her own technique of tangling. She now has more than 400 videos, 41,000+ subscribers and 4 million views on her channel. In addition to YouTube, she has created a small Facebook community where other people who have been using her techniques can participate in a monthly tangle swap that she organizes. She also started a blog at ([tiffanytangles.blogspot.com](https://tiffanytangles.blogspot.com)) where she discusses the inspiration and process of the more popular tangles she's created. Tiffany has produced three DVDs with North Light Books that cover tangle tips, techniques and patterns. She also has several courses on Tangling and Mandalas available online at through Artist's Network University ([artistsnetworkuniversity.com](https://artistsnetworkuniversity.com)) that she teaches throughout the year. In addition to the art of tangling, Tiffany is passionate about reading and has a book review blog. She also currently has four novels and one short story available on Amazon. She resides in Tennessee with her daughter, Allison.

### **Users Review**

#### **From reader reviews:**

##### **Robert Stratton:**

Exactly why? Because this Zen Doodle Unleashed: Freeform Tangle Art You Can Draw and Color is an unordinary book that the inside of the e-book waiting for you to snap that but latter it will shock you with the secret it inside. Reading this book close to it was fantastic author who have write the book in such incredible way makes the content inside easier to understand, entertaining approach but still convey the meaning completely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of gains than the other book have got such as help improving your expertise and your critical thinking method. So , still want to postpone having that book? If I were you I will go to the publication store hurriedly.

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suited all of you.

**Stacy Brooks:**

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