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## Here's the Deal: Don't Touch Me

*By Howie Mandel, Josh Young*



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**Here's the Deal: Don't Touch Me** By Howie Mandel, Josh Young

**NATIONAL BESTSELLER**

An engaging no-holds-barred memoir that reveals Howie Mandel's ongoing struggle with OCD and ADHD—and how it has shaped his life

Howie Mandel is one of the most recognizable names in entertainment. But there are aspects of his personal and professional life he's never talked about publicly—until now. Twelve years ago, Mandel first told the world about his “germophobia.” He's recently started discussing his adult ADHD as well. Now, for the first time, he reveals the details of his struggle with these challenging disorders. He speaks candidly about the ways his condition has affected his personal life—as a son, husband, and father of three. Along the way, the versatile performer reveals “the deal” behind his remarkable rise through the show-business ranks, sharing never-before-told anecdotes about his career.

As heartfelt as it is hilarious, **Here's the Deal: Don't Touch Me** is the story of one man's effort to draw comic inspiration out of his darkest, most vulnerable places.



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## Here's the Deal: Don't Touch Me By Howie Mandel, Josh Young Bibliography

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## **Editorial Review**

From Publishers Weekly

In this reflective autobiography, written with verve and passion, actor, comedian and game show host Mandel alternates between funny anecdotes and stories of intense personal problems, opening with a description of his Obsessive Compulsive Disorder and the situations in his Toronto childhood that shaped his comedy career. Despite little experience, Mandel left Canada for Los Angeles to pursue stand-up comedy, where he eventually moved from the clubs to cable specials, an album, and numerous late-night talk show appearances, success he'd parlay into film roles and a 6-year stint on NBC hospital dramedy *St. Elsewhere*. Mandel soon developed what he calls "Obsessive Prankster Disorder," a need to stage elaborate practical jokes, some quite amusing. Not all is fun and games, however; Mandel also describes how mental disorders and medical crises have impacted his career, and balances his triumphs with lengthy surveys of failed performances. Mandel's fans will love this book for its intimate revelations, taking readers deep inside the head of the manic star.

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Review

“A frank and funny memoir.”

—*New York Post*

About the Author

Howie Mandel is a comedian, actor, and host of the worldwide game-show sensation *Deal or No Deal*. One of the world's most successful stand-up comics, he is well known to television audiences for his six-year stint on *St. Elsewhere*, his popular syndicated talk show, and his most recent creative venture, *Howie Do It*, a contemporary candid-camera comedy series. He lives in Los Angeles with his wife, Terry, and their three children.

*From the Hardcover edition.*

## **Users Review**

**From reader reviews:**

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