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Sacred Sounds: Magic & Healing Through Words & Music

By Ted Andrews



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Sacred Sounds: Magic & Healing Through Words & Music By Ted Andrews

In virtually every system of spirituality the world has ever known, sound has been considered a direct link between humanity and the divine. The ancient mystery schools all taught their students the use of sound as a creative and healing force.

Now, *Sacred Sounds* by Ted Andrews reveals how to tap into the magical and healing aspects of voice, resonance, and music. On a physical level, these techniques can be used to alleviate aches and pains, lower blood pressure, and balance hyperactivity in children. On a metaphysical level, they can be used to induce altered states of consciousness, open new levels of awareness, stimulate intuition, and increase creativity.

Sounds can heal through their vibratory energy. To understand how this works you need to understand the power of vibratory energies within your body. This book will teach you about the chakras and how energy flows through them. You'll see what happens if that energy is blocked and learn how sound can be used to free the energy, a practice that can result in healing the physical body.


To be even more specific, you'll learn the secrets of esoteric toning, healing method that involves vibrating certain vowel sounds. You will discover that each vowel has different pronunciations and different purposes. Thus, if you pronounce the vowel "a" as in "hay," you can help with problems of the chest and circulation. If you pronounce it as in "cat," you can heal respiration and mouth problems. And if you pronounce it as in "saw," it can aid digestive problems. All of this and more is fully explained in *Sacred Sounds*.

Perhaps the most famous users of sound were the bards. In *Sacred Sounds* you will learn their history, lore, training methods, healing techniques, and more.

In short, when it comes to using sound for magical and spiritual purposes, *Sacred Sounds* should be your key text. Get it today.



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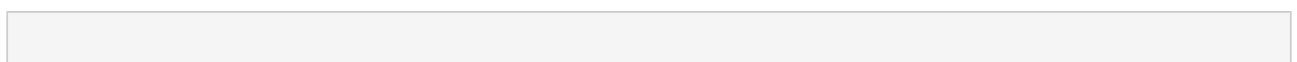
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Editorial Review

From the Publisher

At the heart of all lost spiritual and magical traditions was the teaching of the Power of the Word ó the ability to use sound, music, and voice to affect changes in others and in yourself. The relaying of these teachings usually fell to individuals schooled in the natural and spiritual laws of the universe. Now you can learn these secrets in *Sacred Sounds* by Ted Andrews.

These traditional teachers used the secret arts of sound to instruct, heal, and enlighten. They imbued their words with the power of the imagination and the power of music. Healing, song, and sorcery went hand-in-hand. The myths, stories, poems, and songs bridged the different worlds of life and the different modes of consciousness. And they kept the traditions and esoteric mysteries alive for the people. It is these mysteries and traditions you'll discover in *Sacred Sounds*.

The book explains how the music of different composers relates to the signs of the zodiac. With this information you will discover how to use this music to enhance the spirit or heal the body. You'll see how different sounds affect the health of different parts of the body, and understand how to use this to heal yourself or others.

If you would like a powerful magical tool that requires nothing more than your voice, you need to get *Sacred Sounds*.

About the Author

Ted Andrews (1952-2009) was an award-winning author and deeply respected teacher in the metaphysical and spiritual fields. Through his seminars, symposiums, workshops, and lectures, he was committed to making esoteric material comprehensible and practical for everyone.

Ted Andrew's many gifts included clairvoyancy, aura interpretation, past-life analysis, dreams interpretation, numerology, and Tarot. He wrote many books on these subjects, but is best known for his work with animal mysticism and for his bestselling *Animal Speak: The Spiritual & Magical Powers of Creatures Great & Small*. Certified in basic hypnosis and acupressure, Andrews was also involved in the study and use of herbs as an alternative path in health care, focusing strongly on esoteric forms of healing with sound, music, and voice. In addition to his interest in metaphysics, Ted was a trained pianist and often used the Celtic harp, bamboo flute, shaman rattles, Tibetan bells, Tibetan Singing Bowl, and quartz crystal bowls to create individual healing therapies and induce higher states of consciousness.

Ted Andrews is the author of *The Healer's Manual*; *Animal-Speak*, *How to See & Read the Aura*; *Enchantment of the Faerie Realm*; *Crystal Balls & Crystal Bowls*; *How to Uncover Your Past Lives*; *How to Heal with Color*; *Sacred Sounds*; *Simplified Qabala Magic*; and many other New Age titles. He passed away on October 24, 2009.

Users Review

From reader reviews:

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Drew Dube:

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