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The only text about counseling theories and techniques developed specifically for upper-level rehabilitation counseling students and practitioners, this book is now fully updated with a focus on evidence-based practice. It reflects the great strides made in incorporating research-based knowledge into counseling/therapy interventions since the first edition's publication nearly 10 years ago. The book disseminates the expertise of many of the most esteemed leaders and academic scholars in rehabilitation counseling. These authors emphasize state-of-the-art scientific evidence that supports the effectiveness of various counseling approaches and techniques for people with and without disabilities.

New topics include evidence-based practice related to counseling/psychotherapy and motivational interviewing. Methodologies include person-centered counseling, solution-focused brief therapy, gestalt therapy, cognitive and behavioral therapies, psychodynamic therapy, and an Adlerian approach. The book describes basic counseling skills for rehabilitation, including motivational interviewing, group procedures, family counseling, and career and vocational counseling. Also addressed are counseling for individuals with substance abuse disorders, physical disabilities, psychiatric disabilities, and multicultural issues in counseling. Additionally, the book covers such professional issues as supervision in rehabilitation settings and managing risk. Case studies highlight the application of theories and techniques, and each chapter also includes learning objectives and discussion exercises. Accompanying ancillaries include an instructor's manual containing a sample syllabus, an item bank for developing quizzes and exams, and classroom exercises, and PowerPoint presentations for each chapter. The text also serves as a valuable reference for rehabilitation and related health professions such as nursing, occupational therapy, physical therapy, speech and language therapy, and social work.

NEW TO THE SECOND EDITION:

- Emphasizes state-of-the-art scientific evidence that supports the effectiveness of leading rehabilitation counseling theories and techniques
- Focuses on counseling theories and techniques regarding rehabilitation and

- health and chronic illness and disability
- Serves as a text for upper-level rehabilitation counseling students and a reference for rehabilitation counseling professionals
- Includes new chapters on evidence-based practice regarding counseling and therapy and motivational interviewing
- Instructor's manual and PowerPoint presentations

Fong Chan, PhD, CRC, received his PhD in rehabilitation counseling psychology from the University of Wisconsin-Madison in 1983. He is a full professor and director of clinical training (PhD Rehabilitation Psychology Program) in the Department of Rehabilitation Psychology and Special Education, University of Wisconsin-Madison. He is also the codirector of the Rehabilitation Research and Training Center on Evidence-Based Vocational Rehabilitation Practices. Before joining the faculty at University of Wisconsin-Madison in 1992, he was on the faculty in the Department of Psychology at the Illinois Institute of Technology for 4 years and the Department of Rehabilitation Counseling Psychology at the University of Texas Southwestern Medical Center for 5 years. He is a certified rehabilitation counselor, a licensed psychologist, and a fellow in the American Psychological Association. Dr. Chan has more than 30 years of experience conducting applied rehabilitation research in the topical areas of psychosocial interventions, demand-side employment, transition and postsecondary education, evidence-based practice, and research methodologies. Dr. Chan has published over 250 refereed journal articles and book chapters. In addition, he is the editor of four textbooks: *Case Management for Rehabilitation Health Professionals*; *Counseling Theories and Techniques for Rehabilitation Health Professionals*; *Understanding Psychosocial Adjustment to Chronic Illness and Disability: A Handbook for Evidence-Based Practitioners in Rehabilitation*; and *Certified Rehabilitation Counselor Examination Preparation: A Concise Guide to the Foundations of Rehabilitation Counseling*. He also served as the co-chair for the U.S. Department of Education Rehabilitation Services Administration's 33rd Institute for Rehabilitation Issues on Evidence-Based Practice.

Norman L. Berven, PhD, is professor emeritus in the Department of Rehabilitation Psychology and Special Education, University of Wisconsin-Madison, having served on the faculty since 1976, and he has chaired the rehabilitation psychology program for more than 20 years. He previously held positions as a rehabilitation counselor at the San Mateo County Mental Health Service in California (now the San Mateo County Behavioral Health and Recovery Services), as a research associate at the ICD Rehabilitation and Research Center (now the Institute for Career Development) in New York City, and as an assistant professor at Seton Hall University. He is licensed as a psychologist and as a professional counselor by the state of Wisconsin and also holds the certified rehabilitation counselor credential. He is a fellow in the American Psychological Association and is a member of several professional associations in counseling, rehabilitation counseling, assessment, and counselor education. He has published more than 80 journal articles and book chapters on topics related to rehabilitation counseling, assessment, and counselor education and training. He has received the James F. Garrett Award for a Distinguished Career in Rehabilitation Research from the American Rehabilitation Counseling

Association (ARCA), the ARCA Distinguished Professional Award, the American Counseling Association (ACA) Research Award, and 10 ARCA Research Awards. He has also received distinguished alumni awards from the Graduate Programs in Rehabilitation at the University of Iowa and from the rehabilitation psychology program at the University of Wisconsin/Madison.

Kenneth R. Thomas, DEd, received his undergraduate and graduate education at Penn State University and his psychoanalytic education at the Center for Psychoanalytic Study in Chicago. Prior to receiving his doctoral degree, Dr. Thomas worked as a rehabilitation counselor for the Pennsylvania Bureau of Vocational Rehabilitation at the Pennsylvania Rehabilitation Center in Johnstown. Following a 1-year academic appointment in the counselor education program at Penn State, he joined the faculty at the University of Wisconsin/Madison. At Wisconsin, he held several administrative positions, including chair of the Department of Rehabilitation Psychology and Special Education, chair of the Department of Therapeutic Science, and director of the Educational and Psychological Training Center within the School of Education. He was awarded professor emeritus status at the university in 2002. He has published three books and more than 125 refereed journal articles and book chapters in the areas of counseling, rehabilitation, disability, and psychoanalysis. He is a past president of the American Rehabilitation Counseling Association (ARCA), a fellow in three divisions of the American Psychological Association, and a recipient of the James Garrett Award for a Distinguished Career in Rehabilitation Research from the ARCA. He has also received the University of Wisconsin School of Education Distinguished Faculty Achievement Award, and he holds Alumni Fellow status at Penn State University.

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Editorial Review

About the Author

Fong Chan, PhD, CRC, is Professor and Co-Director of the Rehabilitation Research and Training Center on Evidence-Based Practice in Vocational Rehabilitation, Department of Rehabilitation Psychology and Special Education, University of Wisconsin-Madison, USA. Dr. Chan is a licensed psychologist and a certified rehabilitation counsellor. Norman L. Berven, PhD, is Emeritus Professor and past-Chair of the Rehabilitation Psychology Program, Department of Rehabilitation Psychology and Special Education, University of Wisconsin-Madison, USA. He is licensed as a psychologist and as a professional counsellor by the State of Wisconsin and also holds the certified rehabilitation counsellor credential. Kenneth R. Thomas, DEd, is Professor Emeritus of Rehabilitation Psychology at the University of Wisconsin-Madison, USA. Dr. Thomas has published three books and numerous refereed journal articles and book chapters in a broad range of academic disciplines, including rehabilitation counselling, rehabilitation psychology, professional counselling, and psychoanalysis.

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Billy Reynolds:

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Thanh Johnson:

A lot of people always spent their particular free time to vacation as well as go to the outside with them household or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or even playing video games all day long. In order to try to find a new activity that's look different you can read a book. It is really fun for yourself. If you enjoy the book you read you can spent all day every day to reading a reserve. The book Counseling Theories and Techniques for Rehabilitation and Mental Health Professionals, Second Edition (Springer Series on Rehabilitation) it is quite good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. Should you did not have enough space to create this book you can buy often the e-book. You can m0ore very easily to read this book through your smart phone. The price is not too costly but this book features high quality.

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