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# Clinical Pain Management: An Essential Handbook for Long-Term Care Nurses

*By Barbara Acello MS RN, HCPro*



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**Identify, assess, and treat resident pain in your nursing home**

**The guidance you need to manage resident pain at your facility**

This comprehensive resource helps clinicians to identify, assess, and treat resident pain using procedures that comply with CMS regulations. Written from a clinical perspective, this book and CD-ROM answers any question a nurse or administrator may have about incorporating effective pain management into resident care plans.

**At 250 pages, this resource gives you:**

- Clinical procedures to recognize and assess pain including how to develop an effective care plan
- A jam-packed CD-ROM that features more than 10 different pain scales and over 50 additional resources on pain
- Descriptions of different pain treatments, side effects, and protocols
- Insight into what CMS surveyors look for under F309 and tips to ensure compliance on survey day

**Order today and receive more than 10 different pain scales and over 50 additional resources on pain on the CD-ROM!**

**Here are some of the tools included on the CD-ROM:**

- Behavioral Pain Assessment
- Example Bowel Regimen to Prevent Opioid Constipation
- Nursing Comfort Measures and Other Potential Care Plan Interventions
- Fixed Combination Analgesic Examples
- Medication Agreement
- Pain Flow Sheet
- Pain Management Licensed Nurse Competency Guidelines
- Pain Management in Long Term Care Sample Policy

- Pain Assessment and Management Audit
- Chart Review Tool for Monitoring Quality Indicators Effective

**Take a look at the Table of Contents:**

Chapter 1: Introduction to Pain Management in the Long-Term Care Facility

Chapter 2: Pain Assessment

Chapter 3: The Plan of Care

Chapter 4: Pain Treatment Protocols and Guidelines

Chapter 5: Pain Management and Oral Drugs

Chapter 6: Pain Management and Other Methods of Administration

Chapter 7: Side Effects and Complications of Analgesia

Chapter 8: Special Situations and Populations

Chapter 9: Quality of Care and Regulatory Compliance

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### **Editorial Review**

About the Author

**Barbara Acello, MS, RN**, is an independent nurse consultant and educator. She has worked in long-term care for more than thirty-three years. In addition to owning and operating a school for nursing assistants, she helped to write and develop mandatory state curricula for nurse aides and EMTs.

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