



My Peace I Give You: Healing Sexual Wounds with the Help of the Saints

By Dawn Eden



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Dawn Eden, internationally known speaker and author of the bestselling *The Thrill of the Chaste*, shows how the lives of the saints have given her hope and aided her journey of spiritual healing after childhood sexual abuse. One in four American women and one in six American men report having been sexually abused during childhood and *My Peace I Give You: Healing Sexual Wounds with the Help of the Saints* provides a much-needed resource for spiritual healing from the isolating effects of these wounds.

Eden uses her own story as a backdrop to introduce numerous holy people--like Laura Vicuna, Thomas Aquinas and Bernard of Clairvaux--who suffered sexual abuse or sexual inappropriateness, as well as saints such as Ignatius of Loyola who suffered other forms of mistreatment and abandonment. Readers seeking wholeness will discover saints with wounds like their own, whose stories bear witness to the transforming power of grace. Eden explores different dimensions of divine love--sheltering, compassionate, purifying, etc.--to help those sexually wounded in childhood understand their identity in the abiding love of Christ.



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My Peace I Give You: Healing Sexual Wounds with the Help of the Saints By Dawn Eden Bibliography

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Editorial Review

Review

"Eden describes the lives of canonized saints and saints in waiting ... revealing how and why each one offers hope for abuse victims today. By doing so, she breaks through the artificial barriers often placed between us and those mighty representatives of God."-- **William Doyno, Jr.**, *Inside the Vatican*

"Dawn Eden tackles this most difficult of issues with tenderness and grace. She mixes practical advice with inspiration from the lives of the saints, and in doing so reminds us that there are no wounds so deep that the Lord cannot heal them." --**Jennifer Fulwiler**, Blogger at *ConversionDiary.com*

"It is my hope that this book may become a resource readily available: in churches, schools, counseling centers, young adult ministries, libraries, and hospitals. I pray that for every reader this book will be an instrument of grace and instruction." --**Mother Agnes Mary Donovan, S.V.**, Superior General, Sisters of Life

"Filled with wisdom and compassion, *My Peace I Give You* is Dawn Eden's gift to victims of childhood sexual abuse and anyone struggling with hurts inflicted by others. She offers inspiration from saints who were themselves abused but found healing in Christ, through whose wounds we too can be healed." --**Rev. R. Scott Hurd**, Author of *Forgiveness: A Catholic Approach*

"A sensitive and poignant effort to offer the gift of healing to some of the most wounded people of our time, with the aid of the wisdom of the great saints. A book that is both moving and useful." --**Rev. James Martin, S.J.**, Author of *Between Heaven and Mirth*

About the Author

Dawn Eden, a former rock journalist and *New York Post* headline writer, is the bestselling author of *The Thrill of the Chaste*. Since the publication of her second book, *My Peace I Give You: Healing Sexual Wounds with the Help of the Saints*, she has shared her message of redemptive suffering and spiritual healing with audiences in the United States, Canada, and Europe. Having received her sacred-theology licentiate in 2014 from the Pontifical Faculty of the Immaculate Conception at the Dominican House of Studies, she is currently studying toward a doctorate at the University of St. Mary of the Lake.

Users Review

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