



## Nature Spirits and What They Say: Interviews with Verena Holstein

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Verena Staël von Holstein has gained the capacity to see and speak with nature spirits. In this remarkable book, Wolfgang Weirauch interviews her, and we hear what fire spirits, air spirits, water spirits, and stone spirits have to say. We also hear from a glass spirit, two house spirits, a salt spirit, a paper spirit, and a silver spirit.

Verena was born in Rendsburg, Germany in 1959. She attended a Waldorf school before studying engineering in Berlin, followed by postgraduate studies in hydrography. She is married with two children, and lives in Northern Germany at the watermill depicted in the book.

The spirits speak about their involvement with nature and their lack of human contact. They speak of cosmic secrets and about the past and future of humankind. They share views on the environment, on natural disasters, good and evil, and love and redemption. The interviews, some with the spirits themselves, reveal beautiful, sometimes disturbing, descriptions of our world.

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### Editorial Review

#### Review

'These conversations are insightful and uplifting. You won't view the physical world in the same way after you have read this book.' -- Christy Korrow, Lilipoh, Winter 2005 'This is an amazing, exciting and very precious book. We have to change. Our thinking must widen to take in this amazing world and the life of spirit beings.' -- Udo Steuck, Camphill Correspondence, March 2005 'Extends the reader's understanding about subtle processes within nature where humans appear as part of a continuum of other intelligences, whose very existence we deny.' -- Scientific & Medical Network Review, Spring 2005 'It is a fascinating collection of conversations. More people are growing aware of nature beings [...] and feeling inspired to try and approach them. It is clearly essential that they do.' -- Margaret Jonas, New View, Winter 2004/5 'Attractive. One of the strengths of this book lies in the way the author's world-view is changed by contact with the nature spirits. Like the editor, I was sceptical of "other people's contacts". However some of the insights revealed are impressive. The scope of the work is global; this is not just another self-help guide.' -- Inner Light, Winter 2004 'Humans have been speaking to elemental beings since ancient times, but what is new here is the approach of the nature spirits themselves: they have a longing to speak to humans and to work together in many different projects. This book gives an insight into how that may be accomplished, for the benefit and healing of our world.' -- Cynus Review, June 2007 'It is a fascinating insight into the elemental beings that some can perceive around us.' -- Jane Stewart Adams, Paradigm Shift Magazine, May 2011

#### About the Author

**Wolfgang Weirauch** was born 1953 in Flensburg and studied politics, German literature, followed by theological studies at the free university of the Christian community in Stuttgart. He publishes *Flensburger Hefte*, an anthroposophic journal on topical issues.

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