



How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story

By Roberta PHD Temes



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A quick, fun and easy guide to writing a personal memoir in just one month! Step-by-step techniques, culled from writers' workshops taught by the author, are presented in a welcoming, non-intimidating style.

Everyone has a story to tell. If you've ever thought of sharing yours but don't know where to begin, How to Write a Memoir in 30 Days gives you the perfect framework. Step-by-step techniques, culled from writers' workshops taught by the author, are presented in a series of fun writing exercises, including: · crafting your three-sentence memoir · identifying an incident that changed your life · creating stirring scenes You'll figure out the major themes of your life, mine your memory for dramatic incidents, stitch your assignments (and diary entries, blog posts, and other writings) together into a compelling plot, and polish your prose into believable dialogue and exciting action. The book also includes quick "clear communication" lessons about spelling and grammar, plus information and advice about different publishing paths. Simply follow the daily directions and in just one month you will have a memoir ready to submit for publishing. Whether you're a seasoned writer or a novice, dream of hitting the bestseller lists or just want to pass a little wisdom on to your grandkids, How to Write a Memoir in 30 Days is a fun, easy guide to writing the Next Great Memoir—yours.



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Editorial Review

Review

Singing to a Bulldog would never have been written if it weren't for Dr. Robert Temes's book How to Write a Memoir in 30 Days. For years, people have been saying to me that I should write a book about my life; and for even longer, I have wanted to share with the world Willie Turner's lessons and the profound effect he had on who I became as an individual, giving me the tools for a full-bodied life. I always thought, "Someday, when I have more time, I'll write that book." Then a friend gave me a copy of Dr. Temes's book and I was inspired to start immediately. It not only gave me a detailed, step-by-step guide to write my first memoir, but also the confidence that I could do it successfully. I encourage you to make the time to tell your story. (Anson Williams)

About the Author

Roberta Temes, PhD, teaches memoir-writing classes in New York, New Jersey, and Florida, as well as online at www.memoirclassonline.com. An experienced psychotherapist, Dr. Roberta helps people access emotional memories, process powerful feelings, and make sense out of their past. Over the years, she's taught hundreds how to transfer those feelings from the mind to the page. She is the author of many nonfiction books, including The Complete Idiot's Guide to Hypnosis, The Tapping Cure, and the prize-winning Living With an Empty Chair.

Users Review

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Lou Morton:

What do you think about book? It is just for students since they're still students or the item for all people in the world, the actual best subject for that? Simply you can be answered for that issue above. Every person has different personality and hobby for every single other. Don't to be pressured someone or something that they don't desire do that. You must know how great and important the book How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story. All type of book could you see on many methods. You can look for the internet solutions or other social media.

Patricia Steele:

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