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Distinctly You: Trading Comparison and Competition for Freedom and Fulfillment

By Cheryl Martin



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Distinctly You: Trading Comparison and Competition for Freedom and Fulfillment By Cheryl Martin

For Women Who Want More Than Comparing, Competing, and Coveting

All of creation is content to be what it was made to be except us. Fish flourish in water. Ants are not worried about their size. But we waste time on the three C's-- comparing, competing, coveting. We aim at the bull's-eye on someone else's board, pursuing a race we weren't equipped to run.

Cheryl Martin shows women how to develop their God-given uniqueness rather than becoming fixated on what they are not or do not have. *Distinctly You* unveils the actions and attitudes that may be sabotaging women and explores ways women can engage and build up their unique talents, interests, and strengths. Readers will be inspired by examples in the Old and New Testaments of people who were exceptional for God's kingdom. As the author shares her ongoing quest to be distinct for his glory, readers see how God created them to thrive.

Includes end-of-chapter questions for individual or group use.



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Bibliography

- Sales Rank: #460297 in eBooks
- Published on: 2016-02-23
- Released on: 2016-02-23
- Format: Kindle eBook

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Editorial Review

From the Back Cover

Free Yourself From the Burden to Compare and Compete

We've all heard the messages: "Aim for the top. You can be whatever you want to be." But being successful isn't just about achieving your personal goals and becoming the best at everything you set your mind to. Whether or not you win the gold medal or climb to the top slot at work, you will only find true success if you are *distinctly you*, the person God created you to be for *His* glory.

Cheryl Martin shows you how to thrive in your God-given uniqueness rather than becoming fixated on what you are not or do not have. You don't want to waste your life aiming at the bull's-eye on someone else's board, pursuing a race you were never equipped to run. *Distinctly You* uses Cheryl's personal odyssey and close study of Scripture to unveil the actions and attitudes that both block and build your distinction.

Don't be fooled by internal and external doubts--God has prepared you for a unique purpose that only you can accomplish. Let this book clear the way for you to become all you were meant to be.

Includes end-of-chapter questions for individual or group use.

"*Distinctly You* is an important book for today's woman. With personal vulnerability on her own journey, Cheryl gives a distinct road map to internal freedom, wholeness, and growth. I highly recommend women's groups use this for their study together."--**Leslie Vernick**, licensed counselor, relationship coach, speaker, and author of seven books, including the bestselling *The Emotionally Destructive Marriage*

About the Author

Cheryl Martin (www.cherylmartin.org) is an inspirational speaker and host of the weekly radio program Excellent Living. She was a popular news anchor and moderator of Lead Story at the national cable network Black Entertainment Television (BET). Cheryl received a master's degree in broadcast journalism from Northwestern University. She has served on the boards of World Vision USA, ECFA, and Wycliffe. Cheryl lives near Washington, DC.

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Gerard Williams:

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Samara Reed:

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