



Cilantro: A Book of Recipes

By Helen Sudell



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Coriander has always been highly esteemed in the East and in Mediterranean countries for its ability to enliven a wide variety of dishes from soups and stews to salsas, curries and salads.



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Editorial Review

About the Author

Helen Sudell is an established cooking editor, writer and gardener who has a well-established allotment and loves to use fresh, natural ingredients in her cooking. For this volume she has gathered the recipes from a wide range of food writers.

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