



Back to Eden: The Classic Guide to Herbal Medicine, Natural Foods, and Home Remedies since 1939 (Golden Anniversary Edition)

By Jethro Kloss



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Now in its expanded, updated revised edition, this is the original classic text (with more than 5-million copies sold) that helped create the natural foods industry. It remains today one of the major texts on herbs, natural diet and lifestyle and wholistic health.



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About the Author

Jethro Kloss, one of the early pioneers in herbal remedies, found that nature works better than drugs in his crusade for better health.

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