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# Life on a Rock

*By K. A. Albury*



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## Life on a Rock By K. A. Albury

Kate lived on Highborne Cay, Exuma, in the Bahamas for five years. Most people think it would be a vacation paradise to live and work on a small island, away from the stress and confusion of everyday life. This book will tell otherwise. It is the true story of a woman who learned about courage, fortitude and patience as she continually faced extraordinary and often dangerous situations in a place that had no doctor, no police nor other emergency personnel. Her everyday experiences in an isolated surrounding provide excitement and give a fresh and thought-provoking view of unusual events that were part of her life on this tiny, unprotected island in the Caribbean. From an armed robbery, drug traders and illegal immigrants, to medical mishaps and disasters at sea, Kate learned in those short five years that she and her husband, Peter, would be forced to step forward to protect the island and its people. In their jobs, they would need to cope--or quit.



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## **Editorial Review**

### **Review**

Having spent five years managing the tiny island of Highborne Cay, Exuma in the Bahamas, the author paints a vivid, heartfelt and surprising picture of Caribbean life. To say that there's never a dull moment on Highborne Cay--where Albury and her husband have left their comfortable big-city life in Nassau to work 12 to 14 hour days in a place reachable only by seaplane or boat--in a vast understatement. In the first 50 pages, armed robbers terrorize this naïve Bahamian couple, a guest nearly chops off his fingers in a fish-cleaning accident and a woman docks at the marina with her husband's dead body aboard her boat. If not for its highly specific details, this exotic memoir easily could be mistaken for fiction. The author moves us swiftly through her unusual world, scattering photos of the island and its inhabitants throughout the book, lending a personal touch. What's not shown in pictures is deftly illustrated in words. Albury introduces wonderfully drawn characters...adding lift to the narrative. Some passages border on the poetic... To her credit she doesn't flinch from the uncomfortable truth of the Caribbean's inequality and desperate poverty. From watching a Sperm whale being devoured by tiger sharks to staying on the alert for drug runners, Albury reveals that island life is less a breeze than a whirlwind. Just another fascinating day in paradise. --Kirkus Discoveries, February 2009

"...Albury's fascinating account about a historical island in the Central Bahamas is a treasured and most interesting read..." --Sir Geoffrey A. D. Johnstone, KCMG, former Member of The Bahamas House of Assembly and Deputy to the Governor General

### **From the Back Cover**

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### **About the Author**

K. Alison Albury is a born Bahamian who has lived and worked in Nassau most of her life. She was educated in the United States where she earned a Bachelor's Degree in Business. Upon returning to Nassau, she worked with several prestigious corporations during her career. She brings her organization and precision to the pages of her true book about life on a small island in the Central Bahamas where, accompanied by her husband, Peter, she spent a sabbatical of five years from the corporate world. The author would like to invite you to view her website by using your search engine for KA Albury.

## **Users Review**

### **From reader reviews:**

**Daniel Reynolds:**

Do you have favorite book? Should you have, what is your favorite's book? E-book is very important thing for us to learn everything in the world. Each guide has different aim or goal; it means that guide has different type. Some people truly feel enjoy to spend their the perfect time to read a book. They are reading whatever they take because their hobby is reading a book. Why not the person who don't like studying a book? Sometime, particular person feel need book after they found difficult problem or even exercise. Well, probably you will want this Life on a Rock.

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