

Mastering Eskrima Disarms

By Mark V. Wiley



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In this comprehensive book you will learn the disarming techniques of over 30 different styles of Eskrima, Kali, Arnis and Kabaroan, including their essential principles, supporting structures, ranges and modes of engagement, positional gates, footwork methods, joint control strategies and grip release concepts. This masterful text contains 250 pages, 950 photographs, 140 techniques, 35 styles, and 70 legends and masters of Filipino martial arts. Don't miss your chance to see the art as performed by its legends.

Some of the styles featured include: Arnis Lanada | Arnis Tendencia | Babao Arnis | Bakbakan Kali | Balintawak Escrima | Biñas Dynamic Arnis | Black Eagle Arnis Eskrima | D'Katipunan Arnis | DeCuerdas-Diestro Eskrima | Dekiti Tirsia Siradas Arnis | Del Mar Kali-Escrima | Derobio Escrima | Doce Pares Multi Style Eskrima | Eskabo Daan | Estalilla Kabaroan Eskrima | Garimot Arnis | Inayan Eskrima | Inosanto Kali | Integrated Eskrima | Kalis Ilustrisimo | Lameco Eskrima | Lapu-Lapu Arnis | Latosa Escrima | Lightning Scientific Arnis | Modern Arnis | Moro-Moro Orabes Heneral | Pambuan Arnis | Rapid Arnis | San Miguel Eskrima | Sayas-Lastra Arnis | Sayoc Kali | Serrada Escrima | Siete Palo Arnis | Vee Arnis Jitsu | and more...

Some of the featured masters include... Alejandro Abrian | Rogelio Alberto | Dan Anderson | Issing Atillo | Narrie Babao | Abondio Baet | Ron Balicki | Michael Bates | Herminio Binas | Robert Castro | Anthony Davis | Mike Del Mar | Tony Diego | Ramiro Estalilla | Bram Frank | Rey Galang | Art Gonzalez | Antonio Ilustrisimo | Jason Inay | Diana Lee Inosanto | Porferio Lanada | Eddie Lastra | Rene Latosa | Dan Medina | Carlos Navarro | Pat O'Malley | Isidrio Pambuan | Ely Pasco | Remy Presas | Ramon Rubia | Ron Saturno | Edgar Sulite | Sam Tendencia | Darren Tibon | Jerson Tortal | Jose Vinas | Florendo Visitacion | And Many More...

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Editorial Review

Review

"Mark V. Wiley has a deep understanding of Eskrima. One really must be at a certain level themselves in order to fully appreciate it!"" – Martial Arts Illustrated

"Martial arts grandmaster, doctor of Oriental medicine, author and publisher, Mark V. Wiley is in a class of his own." – Masters Magazine

"We highly recommend that anyone who is serious about Filipino martial arts read Master Mark Wiley's works and keep them at hand." – British Council of Kali Eskrima Arnis Instructors

"Thank you so very much GM Dr. Mark V. Wiley, for once again producing an essential and revolutionary book of knowledge. – World Serrada Escrima Federation

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