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## **Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri ... Ninja Kitchen System Cookbooks) (Volume 1)**

*By Lisa Brian*



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### **Editorial Review**

#### **About the Author**

Lisa Brian is a private chef extraordinaire who has prepared meals and specialty foods and beverages for many celebrities along California's coast, from Los Angeles and San Francisco. She has a background in nutrition, and is a highly trained chef. When she's not writing books, she spends her time developing new recipes and cooking up fresh servings of health and happiness for her clients and her family.

### **Users Review**

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##### **Deanna Ratliff:**

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##### **Thomas Jones:**

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**Walter Telford:**

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