



Just Because I Am: A Child's Book of Affirmation

By Lauren Murphy Payne M.S.W.



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Warm, simple words and enchanting illustrations strengthen and support young children's self-esteem. This Child's Book invites little ones to love, accept, and respect themselves



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Editorial Review

Review

“Simple but empowering...teaches children ages 3 to 8 to trust their bodies, that all of their feelings are OK and that they have the power to say ‘No’ to anything that feels dangerous or wrong.”—Chicago Tribune

Users Review

From reader reviews:

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