



 Get Print Book

## Neolithic Shamanism: Spirit Work in the Norse Tradition

*By Raven Kaldera, Galina Krasskova*



Download



Read Online

**Neolithic Shamanism: Spirit Work in the Norse Tradition** By Raven Kaldera, Galina Krasskova

A step-by-step guide to working with the spirits of ancient northern Europe

- Explains how to build relationships with Earth, Sun, Moon, Plants, Animals, Water, Fire, Craft, Air, and the Ancestors through 83 practical exercises
- Explores the role of altered states in spirit work
- Outlines the ancient cultural rules and taboos to avoid spiritual debt or offense

We are all surrounded by spirits. Many people feel called to work with them, but few know where to begin. Enjoined by the gods and spirits to fulfill this need, Raven Kaldera and Galina Krasskova have reconstructed the indigenous spiritual traditions of northern Europe and Scandinavia extinguished more than one thousand years ago by the spread of Christianity. Arising from basic survival needs, these practical traditions are fundamentally tied to the elements found in the harsh world of the ancient North.

Beginning with the skills tied to the Earth element, necessary for grounding prior to the more demanding aspects of the practice--working with Sun, Moon, Plants, Animals, Water, Fire, Craft, and Air--the authors explain, step by step, how to build relationships with each elemental spirit and the Ancestors. Offering 83 practical exercises, from cleansing with the Moon or borrowing the legs of Reindeer to making sacred space with Mugwort or creating an ancestor altar, they also explore building spirit relationships through altered states. Emphasizing the proper management of your spirit relationships to avoid spiritual debt or offense, the authors outline the ancient cultural rules and taboos that circumscribe these practices, essential knowledge for successful and fruitful spirit alliances.

Detailing the beginning set of skills needed to work with the spirits of this ancient world, this comprehensive workbook offers a unique ancestral spiritual outlet for those of northern European descent as well as an accessible guide for anyone trying to fulfill their shamanic callings.



[Download Neolithic Shamanism: Spirit Work in the Norse Trad ...pdf](#)

 [\*\*Read Online\*\* Neolithic Shamanism: Spirit Work in the Norse Tr ...pdf](#)

# Neolithic Shamanism: Spirit Work in the Norse Tradition

*By Raven Kaldera, Galina Krasskova*

**Neolithic Shamanism: Spirit Work in the Norse Tradition** By Raven Kaldera, Galina Krasskova

A step-by-step guide to working with the spirits of ancient northern Europe

- Explains how to build relationships with Earth, Sun, Moon, Plants, Animals, Water, Fire, Craft, Air, and the Ancestors through 83 practical exercises
- Explores the role of altered states in spirit work
- Outlines the ancient cultural rules and taboos to avoid spiritual debt or offense

We are all surrounded by spirits. Many people feel called to work with them, but few know where to begin. Enjoined by the gods and spirits to fulfill this need, Raven Kaldera and Galina Krasskova have reconstructed the indigenous spiritual traditions of northern Europe and Scandinavia extinguished more than one thousand years ago by the spread of Christianity. Arising from basic survival needs, these practical traditions are fundamentally tied to the elements found in the harsh world of the ancient North.

Beginning with the skills tied to the Earth element, necessary for grounding prior to the more demanding aspects of the practice--working with Sun, Moon, Plants, Animals, Water, Fire, Craft, and Air--the authors explain, step by step, how to build relationships with each elemental spirit and the Ancestors. Offering 83 practical exercises, from cleansing with the Moon or borrowing the legs of Reindeer to making sacred space with Mugwort or creating an ancestor altar, they also explore building spirit relationships through altered states. Emphasizing the proper management of your spirit relationships to avoid spiritual debt or offense, the authors outline the ancient cultural rules and taboos that circumscribe these practices, essential knowledge for successful and fruitful spirit alliances.

Detailing the beginning set of skills needed to work with the spirits of this ancient world, this comprehensive workbook offers a unique ancestral spiritual outlet for those of northern European descent as well as an accessible guide for anyone trying to fulfill their shamanic callings.

**Neolithic Shamanism: Spirit Work in the Norse Tradition** By Raven Kaldera, Galina Krasskova  
**Bibliography**

- Sales Rank: #431367 in eBooks
- Published on: 2012-11-16
- Released on: 2012-11-16
- Format: Kindle eBook

 [Download Neolithic Shamanism: Spirit Work in the Norse Trad ...pdf](#)

 [Read Online Neolithic Shamanism: Spirit Work in the Norse Tr ...pdf](#)

## **Editorial Review**

### **Review**

“Our modern world is hungry for Spirit, and this hunger leads to some dark places if it isn’t met by Spirit. The shaman’s path is the strongest means we have of addressing this hunger in a meaningful way. Kaldera and Krasskova offer a grand mix of tradition, magic, and reconstruction in service to a broad community. Those with a genetic, cultural, or spiritual link with northern European culture will find this book especially satisfying.” (*Kenn Day, author of Dance of Stones*)

“*Neolithic Shamanism* is a primer in the finest sense; it will prime you to get well started on this path. It is so thorough it can well be the first book of any you read about shamanism. It is also primary in a touching, inspirational sense: Raven and Galina have an almost childlike belief in the work and spirituality they love and teach, and they have the simple courage to tell us all, ‘This is For Real.’” (*Crow Swimsaway, Ph.D., author of Spirit Knife, Soul Bone*)

“*Neolithic Shamanism* approaches an ancient practice with modern sensibility; it is both a restructuring and reimagining of tribal practices for a modern world. Still, it is based on techniques as old as the human race, hallowing life in all its forms. I find that the book inspires hope as the authors gently lead their readers to one conclusion--there is no part of life that is not sacred.” (*Ócha’ni Lele, author of Sacrificial Ceremonies of Santería*)

“*Neolithic Shamanism* is an outstanding book, and I highly recommend it to anyone who wants to learn about shamanism. For those who want to study other traditions, it’s a wonderful jumping off point. For those who want to study the Norse tradition, this will be a priceless treasure you will cherish on your path.” (*Terry Donahue, Psychic-Magic Zine, March 2013*)

“Never has a book had a more profound and positive impact on my personal spirituality, than *Neolithic Shamanism; Spirit Work in the Norse Tradition*, by Raven Kaldera and Galina Krasskova...All in all, this is a book I cherish above almost all others. It brings forth aspects of Norse spirituality most don't see, and gives information about it you really can't find anywhere else. If you have any interest in Norse spirituality, I cannot recommend this book enough or more highly. Highly, highly recommend. This is a must read.” (*Jessica Elizabeth, Facing North, May 2013*)

“It is an entry-level book for anyone who wants to learn basic shamanic techniques from a northern perspective...While it is a very accessible book, there is plenty here to work with, especially if you choose to delve into a lot of the craft projects. These practices could provide years of experience and bring practitioners to the level where they can easily move on to a variety of intermediate books, or take further guidance directly from the spirits with whom they have built relationships.” (*Laura Gyre, Witches and Pagans, December 2013*)

### **From the Back Cover**

#### **SPIRITUALITY / SHAMANISM**

“Those with a genetic, cultural, or spiritual link with Northern European culture will find this book especially satisfying.”

--Kenn Day, author of *Dance of Stones*

We are all surrounded by spirits. Many people feel called to work with them, but few know where to begin. Enjoined by the Gods and spirits to fulfill this need, Raven Kaldera and Galina Krasskova have reconstructed the indigenous spiritual traditions of northern Europe and Scandinavia extinguished more than one thousand years ago by the spread of Christianity. Arising from basic survival needs, these practical traditions are fundamentally tied to the elements found in the harsh world of the ancient North.

Beginning with the skills tied to the Earth element, necessary for grounding prior to the more demanding aspects of the practice--working with Sun, Moon, Plants, Animals, Water, Fire, Craft, and Air--the authors explain, step by step, how to build relationships with each elemental spirit and the Ancestors. Offering 83 practical exercises, from cleansing with the Moon or borrowing the legs of Reindeer to making sacred space with Mugwort or creating an ancestor altar, they also explore building spirit relationships through altered states. Emphasizing the proper management of your spirit relationships to avoid spiritual debt or offense, the authors outline the ancient cultural rules and taboos that circumscribe these practices, essential knowledge for successful and fruitful spirit alliances.

Detailing the beginning set of skills needed to work with the spirits of this ancient world, this comprehensive workbook offers a unique ancestral spiritual outlet for those of northern European descent as well as an accessible guide for anyone trying to fulfill their shamanic callings.

RAVEN KALDERA is a Northern Tradition shaman who has been a practicing astrologer since 1984 and a Pagan since 1986. The author of many books, including *Moon Phase Astrology* and *Pagan Astrology*, Kaldera lives in Hubbardston, Massachusetts. GALINA KRASSKOVA is a Heathen priest and Northern Tradition shaman with a master's degree in religious studies from New York University. The author of many books, including *Runes: Theory and Practice*, and coauthor with Raven Kaldera of *Northern Tradition for the Solitary Practitioner*, she is a columnist for *Witches and Pagans* magazine. She lives in New York's Hudson Valley.

#### About the Author

Raven Kaldera is a Northern Tradition shaman who has been a practicing astrologer since 1984 and a Pagan since 1986. The author of many books, including *Moon Phase Astrology* and *Pagan Astrology*, Kaldera lives in Hubbardston, Massachusetts. Galina Krasskova is a Heathen priest and Northern Tradition shaman with a master's degree in religious studies from New York University. The author of many books, including *Runes: Theory and Practice*, and coauthor with Raven Kaldera of *Northern Tradition for the Solitary Practitioner*, she is a columnist for *Witches and Pagans* magazine. She lives in New York's Hudson Valley.

## Users Review

### From reader reviews:

#### Deborah Lake:

Do you have favorite book? For those who have, what is your favorite's book? Publication is very important thing for us to learn everything in the world. Each guide has different aim or maybe goal; it means that book has different type. Some people truly feel enjoy to spend their the perfect time to read a book. They are reading whatever they get because their hobby is actually reading a book. Why not the person who don't like studying a book? Sometime, man feel need book once they found difficult problem or maybe exercise. Well, probably you will want this Neolithic Shamanism: Spirit Work in the Norse Tradition.

**Leon Fisher:**

The book Neolithic Shamanism: Spirit Work in the Norse Tradition give you a sense of feeling enjoy for your spare time. You should use to make your capable considerably more increase. Book can to get your best friend when you getting tension or having big problem together with your subject. If you can make examining a book Neolithic Shamanism: Spirit Work in the Norse Tradition to become your habit, you can get far more advantages, like add your own personal capable, increase your knowledge about some or all subjects. You can know everything if you like open and read a book Neolithic Shamanism: Spirit Work in the Norse Tradition. Kinds of book are a lot of. It means that, science publication or encyclopedia or others. So , how do you think about this publication?

**William Culley:**

Reading a book for being new life style in this year; every people loves to study a book. When you learn a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, due to the fact book has a lot of information on it. The information that you will get depend on what types of book that you have read. If you want to get information about your study, you can read education books, but if you want to entertain yourself read a fiction books, such us novel, comics, along with soon. The Neolithic Shamanism: Spirit Work in the Norse Tradition offer you a new experience in reading a book.

**Tonya Quick:**

Guide is one of source of knowledge. We can add our know-how from it. Not only for students but also native or citizen will need book to know the up-date information of year to year. As we know those ebooks have many advantages. Beside all of us add our knowledge, can bring us to around the world. Through the book Neolithic Shamanism: Spirit Work in the Norse Tradition we can acquire more advantage. Don't one to be creative people? Being creative person must like to read a book. Only choose the best book that ideal with your aim. Don't end up being doubt to change your life at this book Neolithic Shamanism: Spirit Work in the Norse Tradition. You can more inviting than now.

**Download and Read Online Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova  
#5DGK30T6QOZ**

## **Read Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova for online ebook**

Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova books to read online.

### **Online Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova ebook PDF download**

**Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova Doc**

**Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova Mobipocket**

**Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova EPub**