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Out & About: The Emancipated Crossdresser

By Lacey Leigh



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Out & About: The Emancipated Crossdresser By Lacey Leigh

“Out & About” is an intelligent, fresh, and light-hearted look at crossdressing. Ms. Leigh writes, with no psychological mumbo-jumbo, to enlighten and encourage crossdressers ultimately to dump their guilt, shame, and denial so they may finally and fully express their feminine attributes in taste and style.

"Out & About" was recently selected for inclusion in the assortment of books distributed to public and scholastic libraries by Tri-Ess, the international sorority for heterosexual crossdressers.

This book (160 pages, soft cover, perfect bound, lots of photos and illustrations) is also an ideal resource for outreach as well as an introduction for wives and significant others. It includes how-to chapters on femme essentials, shopping, photography, dining, travel, and much more.

Lacey stresses that a crossdresser's mindset is a prime factor and suggests a simple formula for gaining a positive attitude:

Accept yourself - denial doesn't work;
Assert yourself - you deserve the best;
Allow yourself - to enjoy your new freedom.



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Editorial Review

Review

"The best book I have ever read on crossdressing... written by a crossdresser."

Jane Ellen Fairfax -- *President, Tri-Ess International*

From the Author

Like most crossdressers, I lived a hidden life - cowering in fear that my dark secret might be discovered. I had absorbed all the media-driven, negative social attitudes and stereotypes. Television and films had shown crossdressers either as objects of scorn or derision. They told me that men in dresses were gay; but I wasn't. They told me that crossdressers attire themselves to attract sexual partners; yet I was happily married. They told me that transvestites were psychologically disordered; however I'm quite well adjusted, thank you. After talking with hundreds of other crossdressers, both in person and in correspondence, I discovered that everything I thought I 'knew' about the subject was wrong!

Over a very short time I left 'the closet' and learned to become an emancipated crossdresser, free to express my feminine attributes and to enjoy the experience without shame or guilt.

It's not that difficult, really. Now that I have accepted myself and all of my gifts of gender, life seem much less complicated. Once I was an angry person, no doubt due to the stress of keeping such an important part of my personality a secret as well as from the frustration at not being able to change it, no matter how desperately I tried. No longer. Now, life is sweet again.

About the Author

Lacey Leigh (obviously her femme nom de plume) is a 32-years happily married heterosexual crossdresser who is also a father of two young adults, a Vietnam veteran, a pilot, an expert pistol marksman, and a corporate spokesperson. She surprises most people by being ideologically conservative, believing that the best path for progress is not through confrontation or legislation, but in changing one mind at a time by providing a cheerful personal example. She doesn't restrict her social life to "transgender friendly" establishments but instead enjoys many of the finer things in life (dining, theatre, travel, shopping!) as any other woman would - with a smile on her face and joy in her heart.

Although she refuses to document her age, Lacey has been heard to reminisce that when she was young, rainbows were in black and white, Burger King was still a prince, and Elvis was alive for the *first* time.

Ms. Leigh is in the process of writing the sequel to "Out & About" and most of her time at the keyboard is spent with one of several cats in her lap.

Users Review

From reader reviews:

Herbert Beckley:

This Out & About: The Emancipated Crossdresser book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book is usually information inside this reserve incredible fresh, you will get data which is getting deeper you actually read a lot of information you

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Stacey Lawrence:

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Morgan Johnson:

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