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# How to Change Anybody: Proven Techniques to Reshape Anyone's Attitude, Behavior, Feelings, or Beliefs

By David J. Lieberman



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Finally, the book that shows you how to do the impossible: get someone to change, *for the better*.

Don't let crazy people drive you crazy. Don't let annoying, obnoxious, petty people get under your skin. Whether it's your kids, spouse, friend, client, patient, or coworker, you have the power to make it better. Before you break up with your boyfriend, fire your employee, or write off your mother-in-law, try changing them into someone new. With clear, prescriptive techniques, *How to Change Anybody* tells you how to:

- \* Inspire loyalty.
- \* Turn anyone's mood around fast.
- \* Stop stubborn behavior.
- \* Turn a lazy bum into an ambitious go-getter.
- \* Stop passive aggressive behavior.
- \* And much more!

David Lieberman is an expert in simple behavioral strategies that work every time. These tried-and-true techniques will truly give you the tools to change anyone--and, in the process, to change *your* life!



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### Editorial Review

#### Review

"A fascinating book." --National Public Radio on *Never Be Lied To Again*

"It cuts to the chase presenting simple, concise techniques...useful strategies rooted in basic human psychology and supported by numerous studies." --*Publishers Weekly* on *Get Anyone to Do Anything*

#### From the Back Cover

Finally, the book that shows you how to do the impossible: get someone to change, *for the better*. Don't let crazy people drive you crazy. Don't let annoying, obnoxious, petty people get under your skin. Whether it's your kids, spouse, friend, client, patient, or coworker, you have the power to make it better. Before you break up with your boyfriend, fire your employee, or write off your mother-in-law, try changing them into someone new. With clear, prescriptive techniques, *How to Change Anybody* tells you how to:

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#### About the Author

David J. Lieberman, Ph.D., whose books have been translated into sixteen languages, is an internationally renowned leader in the field of human behavior. He has appeared on hundreds of programs and is a frequent guest expert on national television and radio shows such as *The Today Show*, CNN, *The View*, PBS, and A&E. Dr. Lieberman holds a Ph.D. in psychology and his techniques are used by the FBI, the Department of the Navy, Fortune 500 companies, and by governments and corporations in more than twenty-five countries. He lives in New Jersey.

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