



# **Boosting Executive Skills in the Classroom: A Practical Guide for Educators**

By Joyce Cooper-Kahn, Margaret Foster



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## A guide for helping students with weak Executive Function skills to learn efficiently and effectively

Students with weak Executive Function skills need strong support and specific strategies to help them learn in an efficient manner, demonstrate what they know, and manage the daily demands of school. This book shows teachers how to do exactly that, while also managing the ebb and flow of their broader classroom needs. From the author of the bestselling parenting book *Late, Lost, and Unprepared*, comes a compilation of the most practical tools and strategies, designed to be equally useful for children with EF problems as well as all other students in the general education classroom.

Rooted in solid research and classroom-tested experience, the book is organized to help teachers negotiate the very fluid challenges they face every day; educators will find strategies that improve their classroom "flow" and reduce the stress of struggling to teach students with EF weaknesses.

- Includes proven strategies for teachers who must address the needs of students with Executive Function deficits
- Contains information from noted experts Joyce Cooper-Kahn, a child psychologist and Margaret Foster, an educator and learning specialist
- Offers ways to extend learning and support strategies beyond the classroom
- The book's reproducible forms and handouts are available for free download

This important book offers teachers specific strategies to help students with EF deficits learn in an efficient manner, demonstrate what they know, and manage the daily demands of school.



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#### **Editorial Review**

From the Back Cover

#### **Boosting Executive Skills in the Classroom**

This practical guide offers a wealth of proven strategies to help students with Executive Function (EF) challenges—those who have trouble negotiating the world of deadlines, paperwork, and main ideas. The book offers useful tools and systems to help EF-challenged students learn in an efficient manner, demonstrate what they know, and manage the daily demands of school. Recognizing that teachers must manage the ebb and flow of their broader classroom needs, the tips offered here are equally useful for children with EF problems as well as other students in the general education classroom.

Rooted in solid research and classroom-tested experience, the book is organized to help teachers negotiate the fluid challenges they face every day; educators will find strategies that improve classroom "flow" and reduce the stress of struggling to teach students with EF weaknesses.

- Includes a wealth of a ctionable strategies and tools
- Provides numerous reproducible, time-saving forms and handouts
- Shows how to create an "EF Smart" classroom
- Offers a template for planning and monitoring interventions

#### Praise for Boosting Executive Skills in the Classroom

"Three cheers for this teacher-friendly approach to make the entire classroom a laboratory for learning those all-important executive function skills. I highly recommend this book."

-Kathleen Nadeau, PhD, coauthor, ADD-Friendly Ways to Organize Your Life

"This book is filled with practical, field-tested strategies that teachers can use to foster these critical skills. It can make a genuine difference in the lives of struggling students and the teachers who serve them."

—**Richard D. Lavoie,** consultant and author, *The Motivation Breakthrough* 

About the Author

**Joyce Cooper-Kahn, PhD,** is a clinical psychologist specializing in children's learning, behavioral, and emotional challenges. Coauthor of *Late, Lost, and Unprepared*, she presents frequently at national and international conferences.

**Margaret Foster, MAed,** is an instructor and consultant specializing in teaching and learning. She trains leaders internationally through WIDE World, a professional development program for educators.

#### **Users Review**

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The book Boosting Executive Skills in the Classroom: A Practical Guide for Educators gives you the sense

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