



By Lonny S. Jarrett



Nourishing Destiny: The Inner Tradition of Chinese Medicine By Lonny S. Jarrett



Nourishing Destiny has become a classic text in the field of Chinese Medicine... Nourishing Destiny examines Chinese medicine as a science pertaining to the evolution of consciousness. Equating health with open awareness and illness with habitual functioning, Lonny Jareertt examines the Chinese notion of destiny as it applies to the practice of acupuncture and herbal medicine. The text is grounded in the Classics and extends their view into the treatment room today.



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