



Deep Survival: Who Lives, Who Dies, and Why

By Laurence Gonzales



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"Unique among survival books... stunning... enthralling. *Deep Survival* makes compelling, and chilling, reading."?Penelope Purdy, *Denver Post*

In *Deep Survival*?, Laurence Gonzalez combines hard science and powerful storytelling to illustrate the mysteries of survival, whether in the wilderness or in meeting any of life's great challenges. This gripping narrative, the first book to describe the art and science of survival, will change the way you see the world. Everyone has a mountain to climb. Everyone has a wilderness inside.



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Deep Survival: Who Lives, Who Dies, and Why By Laurence Gonzales Bibliography

- Sales Rank: #18270 in Books
- Brand: Symantec
- Published on: 2004-10-17
- Original language: English
- Number of items: 1
- Dimensions: 8.30" h x .90" w x 5.50" l, .57 pounds
- Binding: Paperback
- 318 pages

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Editorial Review

Review

“A fascinating look into why we are who we are.” (Bill McKibben, author of *The End of Nature* and *Enough*)

“*Deep Survival* is by far the best book on the many insights into epic survival stories I have ever read.” (Daryl Miller, Chief of Mountaineering, Denali National Park & Preserve)

“A feast of excitement and wonder. Makes complexity and chaos come alive, girdled by neurological processes, drenched with fantastic accounts of danger and death. You will see the world differently.” (Charles Perrow, author of *Normal Accidents*)

“Great stories of disaster and survival... combined with revealing science about the physiology and psychology of how we deal with crisis.... Accurate, accessible, up-to-date and insightful.” (Robert Sapolsky, author of *Why Zebras Don't Get Ulcers*)

“Laurence Gonzales has masterfully woven together personal survival stories with the study of human perception to reach rock-bottom truths about how to live with risk.” (Peter Stark, author of *Last Breath: The Limits of Adventure*)

“Professional rescuers will love this book. It goes to the heart of the instincts that drive us to risk our own lives to save others.” (Jacki Golike, Executive Director, National Association for Search and Rescue)

“Gonzalez takes us on a fascinating, fast-paced, and exciting adventure into survival. His captivating stories, many from personal experience, will keep you turning the pages, stopping only to imagine how you, and your brain, would react when faced with a survival experience.” (Joseph LeDoux, author of *The Emotional Brain and Synaptic Self*)

About the Author

Laurence Gonzales is the author of *Surviving Survival*, *Flight 232* and the bestseller *Deep Survival: Who Lives, Who Dies, and Why*. He has won two National Magazine Awards and is a scholar at the Sante Fe Institute. He divides his time between Evanston, Illinois, and Santa Fe, New Mexico.

Users Review

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Serina Horne:

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A lot of people always spent all their free time to vacation or maybe go to the outside with them family members or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity this is look different you can read a book. It is really fun for yourself. If you enjoy the book which you read you can spent all day long to reading a reserve. The book Deep Survival: Who Lives, Who Dies, and Why it is quite good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to create this book you can buy the e-book. You can m0ore very easily to read this book from a smart phone. The price is not to cover but this book provides high quality.

Sheldon Downs:

Deep Survival: Who Lives, Who Dies, and Why can be one of your beginning books that are good idea. All of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The writer giving his/her effort to set every word into joy arrangement in writing Deep Survival: Who Lives, Who Dies, and Why however doesn't forget the main point, giving the reader the hottest as well as based confirm resource details that maybe you can be one among it. This great information can draw you into completely new stage of crucial contemplating.

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