



 Get Print Book

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions

From Springer Publishing Company



Download



Read Online

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company

Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy.

Samuel T. Gladding, PhD

Department of Counseling, Wake Forest University

(From the Foreword)

While traditional "talk" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. *Integrating the Expressive Arts into Counseling Practice* is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities.

Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions.

Key Features

- Presents over 50 expressive art interventions in an easy, step-by-step format
- Describes interventions within a framework of 10 commonly used treatment modalities
- Explains the connection between theory and intervention
- Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities.

- Discusses appropriate populations, settings, and diagnoses with which to use each intervention

 [Download Integrating the Expressive Arts into Counseling Pr ...pdf](#)

 [Read Online Integrating the Expressive Arts into Counseling ...pdf](#)

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions

From Springer Publishing Company

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company

Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy.

Samuel T. Gladding, PhD

Department of Counseling, Wake Forest University

(From the Foreword)

While traditional "talk" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. *Integrating the Expressive Arts into Counseling Practice* is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities.

Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions.

Key Features

- Presents over 50 expressive art interventions in an easy, step-by-step format
- Describes interventions within a framework of 10 commonly used treatment modalities
- Explains the connection between theory and intervention
- Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities.
- Discusses appropriate populations, settings, and diagnoses with which to use each intervention

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company **Bibliography**

- Sales Rank: #225120 in Books
- Published on: 2010-10-27
- Released on: 2010-10-27

- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .70" w x 6.00" l, .90 pounds
- Binding: Paperback
- 310 pages

 [Download Integrating the Expressive Arts into Counseling Pr ...pdf](#)

 [Read Online Integrating the Expressive Arts into Counseling ...pdf](#)

Editorial Review

From the Back Cover

"

""Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy.""Samuel T. Gladding, PhD

Department of Counseling, Wake Forest University

(From the Foreword)

While traditional ""talk"" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. "Integrating the Expressive Arts into Counseling Practice" is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities.

Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions.

Key Features

- Presents over 50 expressive art interventions in an easy, step-by-step format
- Describes interventions within a framework of 10 commonly used treatment modalities
- Explains the connection between theory and intervention
- Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities.
- Discusses appropriate populations, settings, and diagnoses with which to use each intervention

"

About the Author

Suzanne Degges-White, PhD, LPC, LMHC, NCC, is a licensed counselor and professor and chair of the Department of Counseling, Adult and Higher Education at Northern Illinois University. She is the coauthor of three books that all touch on the ways in which relationships play out across the life span. These include her most recent book, *Toxic Friendships: Knowing the Rules and Dealing With the Friends Who Break Them* (Rowman & Littlefield, 2015); *Mothers and Daughters: Living, Loving and Learning Over a Lifetime* (Rowman & Littlefield, 2014); and *Friends Forever: How Girls and Women Forge Lasting Relationships* (Rowman & Littlefield, 2011). Suzanne has also coedited four books addressing clinical counseling practice and innovative counseling interventions.

Users Review

From reader reviews:

Robert Rios:

Do you have favorite book? When you have, what is your favorite's book? Reserve is very important thing for us to be aware of everything in the world. Each book has different aim as well as goal; it means that book has different type. Some people experience enjoy to spend their time for you to read a book. These are reading whatever they consider because their hobby is usually reading a book. What about the person who don't like studying a book? Sometime, man or woman feel need book once they found difficult problem or exercise. Well, probably you will require this Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions.

Corrina Sutton:

The book Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions give you a sense of feeling enjoy for your spare time. You need to use to make your capable far more increase. Book can for being your best friend when you getting anxiety or having big problem along with your subject. If you can make looking at a book Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions to become your habit, you can get far more advantages, like add your personal capable, increase your knowledge about many or all subjects. It is possible to know everything if you like open and read a e-book Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions. Kinds of book are a lot of. It means that, science reserve or encyclopedia or others. So , how do you think about this guide?

Jennifer Frederick:

What do you think of book? It is just for students since they are still students or it for all people in the world, what best subject for that? Only you can be answered for that issue above. Every person has several personality and hobby for each and every other. Don't to be pressured someone or something that they don't wish do that. You must know how great as well as important the book Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions. All type of book could you see on many methods. You can look for the internet solutions or other social media.

John Vandorn:

As people who live in the particular modest era should be upgrade about what going on or data even knowledge to make them keep up with the era that is always change and make progress. Some of you maybe can update themselves by reading through books. It is a good choice for yourself but the problems coming to you is you don't know which you should start with. This Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions is our recommendation so you keep up with the world. Why, because book serves what you want and need in this era.

**Download and Read Online Integrating the Expressive Arts into
Counseling Practice: Theory-Based Interventions From Springer
Publishing Company #TOAMXV18CBY**

Read Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company for online ebook

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company books to read online.

Online Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company ebook PDF download

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company Doc

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company Mobipocket

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company EPub