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Students Helping Students: A Guide for Peer Educators on College Campuses

By Fred B. Newton, Steven C. Ender



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This second edition offers a practical training guide for college students who serve as leaders, tutors, counselors, or advisors for their peers. This thoroughly revised and updated volume contains a fundamental discussion on student growth and development and provides learning objectives and self-discovery exercises to help student leaders with tasks such as tutoring, student orientation, residence hall advising, crisis intervention, coaching, and more.

Students Helping Students includes:

- Updates on the most current research and the latest advances in technology
- A revised model that contains service learning and student retention programs
- The results of two intervention strategies: the Health Behaviors Assessment and the College Learning Effectiveness Inventory, which focus on the topics of wellness and academic success
- Descriptive overviews of peer programs addressing sexuality, safety, violence reduction, residence life, online peer connections, and more

Praise for the Second Edition of Students Helping Students

"This new work remains the definitive standard in the field. It should be on the bookshelf of every student affairs professional and is an important tool for preparing peer educators for providing service."—Ernest Pascarella, professor and Mary Louise Petersen Chair in Higher Education, University of Iowa

"The second edition of Students Helping Students teems with useful material that can be thoughtfully applied by peer helpers. The what, so what, and now what framework reflectively guides the reader to self-discovery and thoughtful practical applications. Being a peer helper is a high-impact learning experience made intentional through the pages of this fine book."—Susan R. Komives, professor of college student personnel, University of Maryland and president, Council for the Advancement of Standards in Higher Education



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- Sales Rank: #533624 in Books
- Brand: imusti
- Published on: 2010-07-13
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .95" w x 6.00" l, 1.10 pounds
- Binding: Paperback

- 338 pages

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Editorial Review

Review

"*Students Helping Students* is an excellent resource for those seeking an introduction to the world of peer education, and for both novice and experienced advisors. Many of the theories, concepts, tools, and activities presented in this book are not only appropriate for peer educators, but are also appropriate for anyone with positions in higher education." —*NACADA Journal*

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From the Back Cover

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About the Author

Fred B. Newton is director of counseling services and professor of counseling and educational psychology at Kansas State University. He teaches courses in student personnel/student development, counseling theories and practicum, group theories and practicum, peer counseling, leadership training, stress management, and performance enhancement.

Steven C. Ender is president of Grand Rapids Community College. During his more than 30 years in higher education, Dr. Ender has held numerous teaching, counseling, and administrative positions and has published extensively in refereed journals as well as textbooks. Dr. Ender serves on the Economic and Workforce Development Commission of the American Association of Community Colleges, the Lifelong Learning Commission of the American Council on Education, and the board of the National Junior College Athletic Association as a presidential representative.

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