



Lucky Dog Lessons: Train Your Dog in 7 Days

By Brandon McMillan



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Lucky Dog Lessons: Train Your Dog in 7 Days By Brandon McMillan

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The celebrity dog trainer and Emmy-winning star of the CBS show *Lucky Dog* shares his training system to transform any dog—from spoiled purebred puppy to shelter-shocked rescue—into a model companion in just seven days.

Each week on *Lucky Dog*, Brandon McMillan rescues an untrained, unwanted, "unadoptable" shelter dog. In the days that follow, these dogs undergo a miraculous transformation as they learn to trust McMillan, master his 7 Common Commands, and overcome their behavior problems—ultimately becoming well-mannered pets and even service dogs. With his labor of love complete, McMillan unites each dog with a forever family. Now, in his first book, McMillan shares the knowledge he has gained working with thousands of dogs of every breed and personality to help readers turn their own pets into well-trained *Lucky Dog* graduates.

Lucky Dog Lessons begins with the basics—building trust, establishing focus and control, and mastering training techniques. From there, McMillan explains his playful, careful, and kind approach to training the 7 Common Commands he teaches every dog: SIT, STAY, DOWN, COME, OFF, HEEL, and NO. Next, McMillan provides solutions to common canine behavior problems, including house training issues, door dashing, chewing, barking, and common mealtime misbehaviors. *Lucky Dog Lessons* includes easy-to-follow steps, illustrative examples, tried-and-true tips and tricks, and photographs to demonstrate each technique. Throughout the book, McMillan shares inspiring stories about his favorite students and gives fans a behind-the-scenes look at the show and some of his most unique and challenging canine encounters, including some never-before-seen outtakes.

Brandon McMillan believes that no dog is beyond saving, and the loving, positive, successful methods he offers will work wonders with even the most challenging dog. Create the happy pet family you want with *Lucky Dog Lessons*.



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Editorial Review

Review

“*Lucky Dog Lessons* captures the unique combination of heart and head at the core of great dog training. McMillan’s methods are practical and effective—obviously honed over a lifetime of training and getting results. They’re also unfailingly positive.” (—Dr. Marty Becker, "America's Veterinarian," Chief Veterinary Correspondent for the American Humane Association, and bestselling author of 22 books, including *Your Dog: The Owner's Manual*)

“A practical, approachable guide packed with sound advice on how to safely train any dog while building confidence, trust, and a loving bond. McMillan’s inspiring stories of the ‘unadoptable’ dogs he has helped find new forever homes affirm why every dog deserves a second chance.” (—Kwane Stewart, D.V.M, Chief Veterinary Officer, National Director No Animals Were Harmed® Program, American Humane Association)

From the Back Cover

Each week on *Lucky Dog*™ Brandon McMillan, respected celebrity animal trainer and Emmy® Award—winning host, rescues an untrained, unwanted, “unadoptable” shelter dog. Within days these dogs undergo a miraculous transformation as they learn to trust McMillan, master his 7 Common Commands, and overcome their behavior problems—ultimately becoming well-mannered pets and even service dogs. With his labor of love complete, McMillan unites each dog with a forever family. Now, in his first book, McMillan shares the knowledge he has gained working with thousands of dogs of every breed and personality to help you turn your pet into a well-trained member of the family.

Beginning with the basics, *Lucky Dog Lessons* shows you how to build trust and strengthen your bond with your dog. You’ll learn how to set your dog up for success by understanding the roles of personality, age, and breed in training. From there, McMillan explains his playful, positive, and kind approach, starting with his 7 Common Commands: SIT, STAY, DOWN, COME, OFF, HEEL, and NO. Finally, McMillan provides solutions to common canine behavior problems, including housetraining issues, door dashing, chewing, barking, and mealtime misbehaviors.

Based on proven techniques that simplify and streamline training and yield results after a few short lessons each day, *Lucky Dog Lessons* shows you how to:

- Get—and keep—your dog’s undivided attention
- Use your dog’s food drive to your advantage
- Adjust your approach based on your dog’s energy level
- Use rewards—treats, toys, and play—effectively

Throughout, McMillan shares his favorite success stories: Apollo, a leash-wrecking troublemaker turned star service dog; Grover, a sweet-tempered boomerang shelter dog who overcame severe separation anxiety; and Jemma, who transformed from an overexcited, antic-prone pup to a well-mannered companion.

Filled with practical step-by-step advice and variations based on your dog’s breed, size, and temperament, *Lucky Dog Lessons* provides everything you need to work wonders with even the most challenging dog and create a happy, healthy, and safe environment for you and your four-legged family member.

About the Author

Brandon McMillan is a world-renowned animal trainer, Emmy® Award—winning host of the CBS television show *Lucky Dog*™, and the host of Discovery Channel's *Shark Week*. Born into a family of trainers and entertainers, McMillan has been working with wild and domestic animals all his life. He has trained animals for more than three hundred Hollywood productions and privately worked with the pets of A-list celebrities. McMillan began rescuing dogs from shelters to train them as Hollywood actors, then turned his expertise to saving, training, and “rehoming” shelter dogs as family pets. McMillan is certified to train service dogs and is the cofounder of the Argus Service Dog Foundation, which provides service dogs to disabled veterans. He lives in Los Angeles and New York City.

Users Review

From reader reviews:

Walter Cornwell:

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Helen Woodson:

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