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The Good Vibrations Guide to Sex: The Most Complete Sex Manual Ever Written

By Cathy Winks, Anne Semans



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The Good Vibrations Guide to Sex: The Most Complete Sex Manual Ever Written By Cathy Winks, Anne Semans

For ALL readers--women and men, heterosexual or lesbian, gay, or bisexual--this candid, upbeat guide offers expert advice on all aspects of sexuality:

- How to talk about sex and keep your relationships sizzling
- Orgasms--G-spot, female ejaculation, and multiple orgasms for both men and women
- "If you want the job done right, do it yourself"--Expanded section on masturbation
- NEW! Sex Over a Lifetime--Growing up, coming out, pregnancy, parenting, midlife cycles, and aging
- NEW! Teens Sexual Bill of Rights
- Real stories--Hundreds of real people talk about real sex
- NEW! Dealing with disability, depression and other medical issues
- Fantasy--Favorite themes, games, and power play
- Comprehensive guide to erotica....in print, on screen, and on the internet
- NEW! Latest sex toy innovations from cyberskin to microchips
- Complete guide to vibrators, dildos, lubricants, and other sex gear, and how to introduce sex toys into your sexual repertoire



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Editorial Review

Amazon.com Review

Good Vibrations is a bright, convivial, women-owned sex-toy store in San Francisco, where customers of both genders and all sexual orientations feel welcome. Their book is as candid, upbeat, and friendly as the store. It is filled with information that customers ask for most frequently, tips for enhancing your sex life, and reviews of a variety of sex toys. Good Vibrations believes that "there's more sexual pleasure available than most people experience" and "achieving this pleasure should not be difficult, dangerous, or expensive."

This is a sex manual of a special sort. It starts with the basics ("Sexual Anatomy 101," "Communications," "Masturbation") aimed at teaching the reader to receive and give pleasure. Other chapters ("Lubrication," "Creative Touching," "Oral Sex," "All About Vibrators," "Fantasies") describe how to enhance the sexual experience. You'll get answers to questions you never knew to ask: how to keep dildos clean, what is "packing," what is the appeal of S/M, for example. A substantial chapter on "Safer Sex" offers techniques both expected (use a condom) and unexpected (put it on him using your mouth). Quotations from real people about their sexual pleasures lend interest and eroticism. Explicit line drawings show sex between male-female, male-male, and female-female partners, as well as solitary acts with vibrators. "In our fantasies, we dream of this book with its cracked spine and well-thumbed pages lying on your nightstand next to your vibrator, lube, massage oil and condoms," write the authors. For education and entertainment, this book is a winner. --*Joan Price*

From Publishers Weekly

Winks and Semans, managers of a San Francisco adult "toy" store, Good Vibrations, describe in this well-written, just-right-for-browsing compendium many of the sexual pleasures and practices some people--straight or gay--may want to know more about. But this is not an ordinary "how to have better sex" manual. Instead, it focuses on the importance of fantasy and on many props--"sex toys"--frequently glossed over in other similar books. For the simply curious or the sexually adventurous, the authors describe these toys. They also offer a cornucopia of advice and information gathered from interviews about sexual practices. An in-depth chapter on preventing AIDS is included, along with an extensive shopping guide, a list of erotic videos and a bibliography. Some readers may be repelled reading about S/M practices, power games and body piercing--or by the strong emphasis on the pleasure and "popular mechanics" of sex, rather than romance. But even those not inclined to follow authorial suggestions may find this work an excellent opportunity to look behind the closed doors of other people's bedrooms.

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From Library Journal

Wink and Semans, both saleswomen at the San Francisco sex information and toy store called Good Vibrations, have used their experience dealing with customers' questions and concerns to provide advice on the correct and safe use of sexual devices. Addressing a broad audience-heterosexual, homosexual, bisexual, single, partnered, pregnant, disabled-the authors offer chapters on how to incorporate these devices into a wide range of sexual activities. With an emphasis on safe sex throughout the book, readers may find this book's focus particularly relevant in light of the growing concern over sexually transmitted diseases. Related consumer information, a chapter on the sex toy industry, and a list of resources and a bibliography and videography on human sexuality are all included. Libraries that find a demand will want to include other sex manuals such as Miriam Stoppard's *The Magic of Sex* (Dorling Kindersley, 1992), which covers sexual activity without using sexual devices. Recommended for adult human sexuality collections in both academic

and public libraries. (Index not seen.)-Dana L. Brumbelow, Auburn P.L., Alabama
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Michael Moore:

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