



Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children

By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran



Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran

"The authors . . . make child-centered play therapy readily understandable to those who wish to take advantage of its long history of helping children overcome problems and grow emotionally to a level of maturity difficult to achieve by any other approach."

—From the Foreword, by Louise F. Guerney, PhD, RPT-S

A comprehensive resource that thoroughly teaches the theory, methods, and practice of child-centered play therapy

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children offers how-to direction and practical advice for conducting child-centered play therapy. Filled with case studies, learning activities, and classroom exercises, this book presents extensive coverage of play therapy applications such as setting goals and treatment planning, as well as recommendations for family and systemic services that can be provided along with play therapy.

This rich resource provides:

- A thorough introduction to the theory and guiding principles underlying childcentered play therapy
- Skill guidance including structuring sessions, tracking, empathy, responding to children's questions, and role-play
- Effective ways of determining what limits to set in the playroom and how to set them in a therapeutically effective manner
- Clear methods for monitoring children's progress through stages as well as external measures of progress
- Practical guidance in adjunct therapist tasks such as playroom set-up, documentation, ending therapy, and working with parents, teachers, and principals

Endorsed by Louise Guerney—a founding child-centered play therapy figure who developed the skills-based methods covered in this book—*Child-Centered Play Therapy* comprehensively and realistically introduces practitioners to the child-centered approach to play therapy and addresses how to incorporate the approach into schools, agencies, or private practice.

▼ Download Child-Centered Play Therapy: A Practical Guide to ...pdf

Read Online Child-Centered Play Therapy: A Practical Guide t ...pdf

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children

By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran

"The authors . . . make child-centered play therapy readily understandable to those who wish to take advantage of its long history of helping children overcome problems and grow emotionally to a level of maturity difficult to achieve by any other approach."

-From the Foreword, by Louise F. Guerney, PhD, RPT-S

A comprehensive resource that thoroughly teaches the theory, methods, and practice of child-centered play therapy

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children offers how-to direction and practical advice for conducting child-centered play therapy. Filled with case studies, learning activities, and classroom exercises, this book presents extensive coverage of play therapy applications such as setting goals and treatment planning, as well as recommendations for family and systemic services that can be provided along with play therapy.

This rich resource provides:

- A thorough introduction to the theory and guiding principles underlying child-centered play therapy
- Skill guidance including structuring sessions, tracking, empathy, responding to children's questions, and role-play
- Effective ways of determining what limits to set in the playroom and how to set them in a therapeutically effective manner
- Clear methods for monitoring children's progress through stages as well as external measures of progress
- Practical guidance in adjunct therapist tasks such as playroom set-up, documentation, ending therapy, and working with parents, teachers, and principals

Endorsed by Louise Guerney—a founding child-centered play therapy figure who developed the skills-based methods covered in this book—*Child-Centered Play Therapy* comprehensively and realistically introduces practitioners to the child-centered approach to play therapy and addresses how to incorporate the approach into schools, agencies, or private practice.

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran Bibliography

Sales Rank: #935600 in BooksPublished on: 2010-07-20Original language: English

• Number of items: 1

• Dimensions: 9.40" h x 1.60" w x 5.80" l, 1.70 pounds

- Binding: Hardcover
- 464 pages

▼ Download Child-Centered Play Therapy: A Practical Guide to ...pdf

Read Online Child-Centered Play Therapy: A Practical Guide t ...pdf

Download and Read Free Online Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran

Editorial Review

Review

This is a landmark book...It is refreshing, bold in its approach, instructional and informative. The authors have taken a proven therapy model for children ages 3-12 and explained how to expand it into new territory to include educational settings and multiple treatment needs. Child therapist/counselors and educators alike will be pleased with this new tool to help them navigate the complexities of dealing with families and their children in today's changing social structures. This is a book that should be read by all CCPT therapists whether fully experienced or just beginning to consider CCPT training. (*AFREM News* (Association for Filial and Relationship Enhancement Methods)

This reference would be useful in master's- and doctoral-level graduate courses on counseling children or CCPT specifically. It would also be an excellent reference for professional counselors who are new to CCPT and seeking supervision to build CCPT skills. The book is clearly written and inspires the reader throughout to be passionate about this modality. (*Counseling Today*)

[Child-Centered Play Therapy] teachers theory, methods, and practice of CCPT in a highly accessible way with skill development as a primary focus. One of the text book's major strengths is the variety of methods provided for reinforcing learning. Child-Centered Play Therapy is a text that will provide practical and comprehensive instruction for beginners as well as a useful reference for experienced practitioners. (Play Therapy Magazine)

About the Author

NANCY H. COCHRAN, MA, CAS, LMHC, has over twenty years of experience serving children, youth, and families in school and agency settings as a child-centered play therapist and school psychologist. She is certified as a Child-Centered Play Therapy Supervisor by the National Institute for Relationship Enhancement and teaches child-centered play therapy at the University of Tennessee.

WILLIAM J. NORDLING, PhD, LP, RPT-S, is an Associate Professor and Chair of the Department of Psychology at the Institute for the Psychological Sciences in Arlington, Virginia, where he teaches and supervises child-centered play therapy. He was the 2010 President of the Association for Play Therapy.

JEFF L. COCHRAN, PhD, NCC, LMHC, is an Associate Professor at the University of Tennessee where he teaches, researches, and supervises child-centered play therapy, and serves as Coordinator of the Mental Health Counseling Program.

Users Review

From reader reviews:

Michael Madden:

This Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children are generally reliable for you who want to be considered a successful person, why. The explanation of this Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with

Children can be one of the great books you must have is usually giving you more than just simple reading food but feed you actually with information that maybe will shock your earlier knowledge. This book is handy, you can bring it everywhere and whenever your conditions at e-book and printed people. Beside that this Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children giving you an enormous of experience such as rich vocabulary, giving you trial of critical thinking that we know it useful in your day activity. So, let's have it and enjoy reading.

Troy Riley:

People live in this new moment of lifestyle always make an effort to and must have the spare time or they will get lots of stress from both daily life and work. So , whenever we ask do people have extra time, we will say absolutely yes. People is human not a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to you actually of course your answer can unlimited right. Then do you ever try this one, reading publications. It can be your alternative in spending your spare time, the actual book you have read will be Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children.

Ryan Neal:

Reading a book to be new life style in this season; every people loves to learn a book. When you read a book you can get a wide range of benefit. When you read ebooks, you can improve your knowledge, due to the fact book has a lot of information upon it. The information that you will get depend on what forms of book that you have read. In order to get information about your analysis, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, this kind of us novel, comics, as well as soon. The Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children provide you with a new experience in looking at a book.

Charles Denzer:

As we know that book is significant thing to add our knowledge for everything. By a reserve we can know everything we really wish for. A book is a pair of written, printed, illustrated or maybe blank sheet. Every year has been exactly added. This reserve Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children was filled with regards to science. Spend your spare time to add your knowledge about your scientific research competence. Some people has different feel when they reading a new book. If you know how big benefit from a book, you can feel enjoy to read a reserve. In the modern era like at this point, many ways to get book which you wanted.

Download and Read Online Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran #L8T60URIC5Y

Read Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran for online ebook

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran books to read online.

Online Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran ebook PDF download

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran Doc

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran Mobipocket

Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children By Nancy H. Cochran, William J. Nordling, Jeff L. Cochran EPub