

Key Concepts in Sport and Exercise Research Methods (SAGE Key Concepts series)

By Michael Atkinson





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This book systematically demonstrates the significance and application of method in plain language. Written for students by a leading academic, this book contains the core methodological concepts, practices and debates they need to understand and apply research methods within the field of sport and exercise. It provides a comprehensive panoramic introduction which will reassure and empower its readers. Drawing on the author's years of teaching experience, it includes carefully cross-referenced entries which critically engage with interdisciplinary themes and data.



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Editorial Review

Review

Few can bring research methods to life like Mike Atkinson. His breadth of research interests and experience mean he can introduce you to all you need to know and inspire you to get down to doing some research yourself. (Dominic Malcolm)

The layout, structure and content of the book lend themselves to use in undergraduate or graduate classes. The comprehensive coverage of both quantitative and qualitative research approaches truly reflects the multiple methods used in sport and exercise science and its related fields. (Chris Shields)

For students and others who may be moving into a new field of study, the book works brilliantly and provides much more than a lexical insight. For the interested reader the next step will be to take advantage of the references that each of the 40 chapters ends with. The book can be recommended for use in the education of students through undergraduate level, dealing with methodological and theoretical aspects in relation to sport, physical education and physical activity. (Jens Troelsen, University of Southern Denmark 2014-02-14)

About the Author

Michael Atkinson is Associate Professor, Faculty of Physical Education and Health, University of Toronto. He was previously Senior Lecturer in the School of Sport and Exercise Sciences at Loughborough University, leading the instruction of research methods and skills at the undergraduate and postgraduate levels therein. Michael received a PhD in Sociology from the University of Calgary in 2001 (BA, University of Waterloo, 1995; MA, McMaster University, 1997). Since then, he has researched and taught courses on the sociology of sport, bodies, deviance and research methods (qualitative, quantitative and historical) at Memorial University of Newfoundland (Canada), McMaster University (Canada), and University of Western Ontario (Canada). For his contributions to the Canadian social sciences, Michael was recipient of the Social Sciences and Humanities Research Council of Canada's prestigious Aurora Award in 2004.

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