



## Mood Disorders and Antidepressants: Stahl's Essential Psychopharmacology

By Stephen M. Stahl



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With the fully revised fourth edition of Essential Psychopharmacology, Dr Stahl returns to the essential roots of what it means to become a neurobiologically empowered psychopharmacologist, expertly guided in the selection and combination of treatments for individual patients in practice. This remains the essential text for all students and professionals in mental health seeking to understand and utilize current therapeutics, and to anticipate the future for novel medications. This special edition, featuring the extracted chapters on mood disorders and antidepressants, provides a readable digest on these specific issues for experts and novices alike.



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## Mood Disorders and Antidepressants: Stahl's Essential Psychopharmacology By Stephen M. Stahl Bibliography

Sales Rank: #2076661 in BooksPublished on: 2013-10-28

• Format: Abridged

• Original language: English

• Number of items: 1

• Dimensions: 9.69" h x .28" w x 7.44" l, .75 pounds

• Binding: Paperback

• 148 pages

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About the Author

Stephen M. Stahl is Adjunct Professor of Psychiatry at the University of California, San Diego and Honorary Visiting Senior Fellow in Psychiatry at the University of Cambridge, UK. He has conducted various research projects awarded by the National Institute of Mental Health, Veterans Affairs, and the pharmaceutical industry. Author of more than 500 articles and chapters, Dr Stahl is also the author of the bestsellers Stahl's Essential Psychopharmacology and The Prescriber's Guide.

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