



Nine Ball: Confessions of an Angst-Ridden Maniac Who Decided to Get Laid or Die Trying

By Jeff Allen



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There are a few auto-biographical and biographical style books that have come out. The most famous is "The Game" by Neil Strauss. Then there is a semi-autobiography from Mystery (Erik von Markovik) in "The Pick up Artist" which includes some scenes from Mystery's life in an excerpted fashion. Finally, Myths and Masters of The Game describes the story of Project Rockstar 2009. Both of these are relatively authentic, but keep everything upbeat by missing out on some of the gory details and take narration liberties here and there to improve the storyline. "Nine Ball" is different in that it's extremely authentic and direct account of the worst of Jeffy's path to learn to get better with women. It includes all the gory details. Meet The Dark Side of the Pick Up Arts In one of his earlier seminars Jeffy delivered a lot of value to men who wanted to learn to get better with women by telling his darker side story of the low point his quest (that many considered a huge success) had led him to. This footage is included in the "Transformations" DVD from Real Social Dynamics. It was something that needed to be said out loud, because behind doors at the time, it was getting talked about. But the more senior dating coaches kept this rather negative view to themselves (note: To learn about other recounts of the dark side see Men who become obsessive about dating advice. Some of the lows Jeffy goes through are relatively self destructive, and when he gets to a point where he sees the hate that a lot of women he has met have towards him he hits an all time low. This is not unusual. It is a journey that has been repeated by many men, and for this reason the account can be invaluable reading to an open minded beginner - who wants to avoid the pitfalls of success.



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