

365: A Daily Creativity Journal: Make Something Every Day and Change Your Life!

By Noah Scalin



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The concept of Noah Scalin's "365 method" is simple but inspired: Choose a theme or medium, then make something every day for a year. Noah made 365 skull-themed projects . . . now he invites you to choose your obsession and get creative!

The book offers 365 project prompts to kick start your creativity, plus plenty of room for journaling, sketching, and jotting down ideas. Learn how to choose your subject and document your work, and see examples from other artists and crafters who took the 365 challenge. In addition, master new techniques to incorporate into your projects, including quilling, clay-making, paper pop-up engineering, and more.

With *365: A Daily Creativity Journal* you'll get charged up, get messy, and get inspired, and you'll see how making something every day can change your creative process—and change your life—forever!

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Editorial Review

About the Author

In 2007, artist Noah Scalin came up with an ingenious idea: he cut a skull out of orange paper and posted it on his blog with the note, "I'm making a skull image every day for a year." His year-long art project became an award-winning internet sensation that resulted in the book *Skulls*, as well as landing him in the *New York Times* and on the *Martha Stewart Show*. He lives in Richmond, Virginia. www.noahscalin.com www.skulladay.blogspot.com

Users Review

From reader reviews:

Ann Morgan:

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Ola Hellman:

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