



# What Your Doctor Won't Tell You : The Complete Guide to the Latest in Alternative Medicine

*By Jane Heimlich*



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From hypertension to hardening of the arteries, cancer to cataracts, this authoritative guide surveys the latest conventionalize medical treatments for today's most prevalent diseases. An objective sourcebook on antioxidants, Bach flower remedies, biomagnetism, colon detoxification, electrodiagnosis, fish oils, kinesiology, live cell therapy, ozone therapy, vitamin C infusion and much more.



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### **Editorial Review**

From Publishers Weekly

Consumers could certainly use a solid journalistic examination of "alternative" medical therapies and their advocates. Heimlich's, unfortunately, is not that book. While justifiably deploring overmedication and unnecessary surgery, Heimlich ( *Homeopathic Medicine at Home* ) accepts uncritically many suggestions, so long as they do not emanate from the "establishment." The result is a melange of solid good sense (stop smoking to prevent heart disease), interesting potential (acupuncture as a treatment for sundry ailments; the mind-body connection) and much that is highly dubious and potentially dangerous, including discredited south-of-the-border cancer therapies, floral extracts, magnets and "psychic diagnosis." Typical of the author's gullibility is her failure to impute other than altruistic motives to her sources; she accepts, with no apparent awareness of conflict of interest, an "expert" opinion on vitamin megadoses from a manufacturer of such products. Her book will bolster the convictions of believers; its anecdotes, testimonials and naivete will rightly reinforce the doubts of skeptics. Heimlich is married to Henry Heimlich, the physician who devised the lifesaving Heimlich Maneuver.

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From Library Journal

Like Andrew Weil's *Natural Health*, *Natural Medicine: A Comprehensive Manual for Wellness and Self-Care* ( LJ 5/1/90), this well-written book challenges orthodox medicine's preference for surgery and drugs. A journalist and wife of the physician who developed the Heimlich maneuver, the author focuses on the most prevalent diseases with an authoritative review of mainstream medical treatments. Presenting well-documented scientific evidence from medical journals, Heimlich provides an in-depth view of the most significant alternative therapies, such as macrobiotics and chelation. Among a plethora of literature with a similar message, this is a good choice for consumer collections with few books on the subject.

- *Marilyn Rosenthal, Nassau Community Coll. Lib., Garden City, N.Y.*

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About the Author

Jane Heimlich is coauthor of *Homeopathic Medicine at Home* and wife of Dr. Henry Heimlich, inventor of the Heimlich Maneuver.

### **Users Review**

**From reader reviews:**

**Randall Blake:**

The book untitled *What Your Doctor Won't Tell You : The Complete Guide to the Latest in Alternative Medicine* contain a lot of information on this. The writer explains her idea with easy method. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read the idea. The book was published by famous author. The author gives you in the new time of literary works. It is possible to read this book because you can keep reading your smart phone, or gadget, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site along with order it. Have a nice examine.

**Patricia Watts:**

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**Edward Kirklin:**

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**Arthur Coe:**

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