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### The Law of Attraction, Plain and Simple: **Create the Extraordinary Life That You** Deserve

By Sonia Ricotti



The Law of Attraction, Plain and Simple: Create the Extraordinary Life That You Deserve By Sonia Ricotti

Readers of The Law of Attraction, Plain and Simple can live the life of their dreams, their "greatest life," by applying Sonia Ricotti's eleven simple steps to enjoy freedom and inner peace in every area of life.

The Law of Attraction states that we attract into our lives what we project into the universe. Written in concise, plain English and filled with stories, tips, and exercises, this book helps readers shift their thoughts, language, and emotions to emit positive vibrations and attract all they want in life. Using the eleven steps in this book, readers stop projecting negative energy and learn to project positive energy at all times. The eleven steps include:

- Decide What You Want
- Choose Your Thoughts and Feelings
- Unleash the Past
- Keep the End in Mind
- · Connect Mind, Body, and Spirit
- Choose Your Friends Carefully
- Allow It (allow what you attract to arrive)

With The Law of Attraction, Plain and Simple, Ricotti successfully strips away the esoterica often associated with Law of Attraction books, to present this universal law in a simple, commonsense, psychologically grounded way.



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## The Law of Attraction, Plain and Simple: Create the Extraordinary Life That You Deserve By Sonia Ricotti Bibliography

• Sales Rank: #585297 in Books

• Brand: Brand: Hampton Roads Publishing

Published on: 2009-09-25Released on: 2009-09-25Original language: English

• Number of items: 1

• Dimensions: 6.48" h x .36" w x 5.60" l, .39 pounds

• Binding: Paperback

#### • 144 pages



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#### **Editorial Review**

About the Author

Sonia Ricotti is the CEO and president of Lead Out Loud, a transformational leadership and personal development company. She is a motivational speaker, a corporate trainer, and a personal and leadership coach in Toronto.

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